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IMPORTANCE OF ANTIMICROBIAL AGENTS FROM PLANTS IN PRESENT SCENARIO: A **REVIEW**

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Keywords:

Approved anti-microbial drugs, Banned anti-microbial drugs, Antimicrobial plants, Bacterial resistance

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ABSTRACT: Since, human existence on earth, plants are being used for the treatment of various diseases. The specific uses of plants are mentioned in the traditional system of medicines like Ayurveda, Siddha, Unani, etc. Now a day's plants are getting more important as medicines because plants are having fewer side effects, cost-effective, long effective life span and safe, etc. The present review covers the brief history of antimicrobials and list of plants as antimicrobials, approved, and banned antimicrobial drugs. In the present scenario, the use of herbal drugs is increasing progressively worldwide. Hence, this review shows useful data for researchers to develop new antimicrobials from plant origin.

INTRODUCTION: According to the WHO, over 80% of the world's population relies on traditional forms of medicine, largely plant-based to meet primary health care needs. In India, the collection and processing of medicinal plants and plant products contribute a major part each year to the national economy, as a source of both full and parttime employment. Plants are one of the most important sources of medicines. The application of plants as medicines has dated back to the prehistoric period. In India the references to the curative properties of some herbs in the Rig-Veda seems to be the earliest records of use of plants in medicines. The medicinal plants are extensively utilized throughout the world in two distinct areas of health management; traditional system of medicine and modern system of medicine ¹.



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Clinical microbiologists have two reasons to be interested in the topic of antimicrobial plant extracts. First, these phytochemicals will find their way into the arsenal of antimicrobial drugs prescribed by physicians; several are already being tested in humans. It is reported that, on average, two or three antibiotics derived from microorganisms are launched each year ². After a downturn in that pace in recent decades, the pace is again quickening as scientists realize that the effective life span of any antibiotic is limited. Worldwide spending on finding new anti-infective agents (including vaccines) is expected to increase 60% from the spending levels in 1993.³

New sources, especially plant sources, are also being investigated. Second, the public is becoming increasingly aware of problems with the over prescription and misuse of traditional antibiotics. Also, many people are interested in having more autonomy over their medical care. A multitude of plant compounds (often of unreliable purity) is readily available over-the-counter from herbal suppliers and natural-food stores, and medication with these substances is commonplace.

Brief History: Approximately 3000 plants species are known to have medicinal properties in India. The Rigveda (3700 B.C.) mentions the use of medicinal plants. Our traditional systems of medicines, viz., Ayurveda, Yunani, Siddha, and Homeopathy, etc. use herbs for treatment ¹. It is estimated that there are 250,000 to 500,000 species of plants on Earth ⁴. A relatively small percentage (1 to 10%) of these is used as foods by both humans and other animal species. It is possible that even more are used for medicinal purposes ⁵. Hippocrates (in the late fifth century B.C.) mentioned 300 to 400 medicinal plants ⁶. In the first century A.D., Dioscorides wrote De Materia Medica, a medicinal plant catalog which became the prototype for Modern Pharmacopeia's. The Bible offers descriptions of approximately 30 healing plants. Frankincense and myrrh reported to have antiseptic properties; they were even employed as mouthwashes.

The fall of ancient civilizations forestalled Western advances in the understanding of medicinal plants, with much of the documentation of plant pharmaceuticals being destroyed or lost ⁷. During the Dark Ages, the Arab world continued to excavate their own older works and to build upon them. Asian cultures were also busy compiling their pharmacopeia. In the West, the Renaissance years saw a revival of ancient medicine, which was built largely on plant medicinal. North America's history of plant medicinal use follows two strandsby indigenous cultures use Americans), dating from prehistory ⁸ and an "alternative" movement among Americans of European origin, beginning in the 19th century. Native American use of plant medicinal has been reviewed extensively in a series of articles by Moerman ⁵. He reported that while various Native American groups have used 1,625 species of plants as food, 2,564 have found use as drugs ⁹.

According to his calculations, this leaves approximately 18,000 species of plants which were used for neither food nor drugs. Speculations as to how and why a selected number of plant species came into use for either food or drugs. In 1861 Holmes wrote, "If the whole Materia Medica as now used could be sunk to the bottom of the sea, it would be all the better for mankind-and all the worse for the fishes." In 1887 alternative

practitioners compiled their catalogs, notably the Homeopathic Pharmacopoeia of the United States.

Mainstream medicine is increasingly receptive to the use of antimicrobial and other drugs derived from plants, as traditional antibiotics (products of microorganisms or their synthesized derivatives) become ineffective and as new, particularly viral, diseases remain intractable to this type of drug. Another driving factor for the renewed interest in plant antimicrobials in the past 20 years has been the rapid rate of (plant) species extinction. There is a feeling among natural-products chemists and microbiologists alike that the multitude of potentially useful phytochemical structures which could be synthesized chemically is at risk of being lost irretrievably ¹¹.

There is a scientific discipline known as ethnobotany (or ethnopharmacology), whose goal is to utilize the impressive array of knowledge assembled by indigenous peoples about the plant and animal products they have used to maintain health. Lastly, the ascendancy of the human immunodeficiency virus (HIV) has spurred intensive investigation into the plant derivatives which may be effective, especially for use in underdeveloped nations with little access to expensive Western medicines ¹².

Development of Antibiotics: There are two broad routes to drug discovery: the natural product and the synthetic route.

Natural Route: The antibiotic discovery from natural source began with the discovery of penicillin from a mold by Alexander Fleming in 1928. Natural drug discovery involves the exploration of natural sources such as soil, bacteria, mold, and trees for new chemical entities which could be further developed and licensed for clinical use. Majority of the antibiotics used worldwide are of natural origins ^{13, 14, 15}.

In this method, natural products or extracts from the herbs, bacteria and so forth are first tested for antibacterial activity, followed by purification and characterization of promising candidates ¹⁶. However, the ease with which pathogens acquire resistance to antibacterial compounds has resulted in a continuous search for a lasting solution.

Semi-Synthetic Route: The semi-synthetic route was ventured into due to antibiotic resistance to natural antibiotics and instability to acidic medium ¹⁷. Following the purification and identification of the pharmacophore of penicillin ¹⁸ and the understanding of the mechanism of resistance by lactamase enzymes ^{19, 20} the pharmaceutical companies began to modify the antibiotic molecules in such a way as to retain activity while resisting inactivation by microbial enzymes.

This method became possible when the structure of the beta-lactam ring which is the pharmacophore of penicillin was determined. After it was discovered that the beta-lactamase enzymes hydrolyze the β -lactam bond to render the pharmacophore inactive attempts were made to introduce a moiety that would stabilize the pharmacophore against the attack of the enzymes. Aminopenicillins and methicillin are also examples of derivatives produced by the synthetic route. 18

The modification affected the properties of the compounds as it pertains to acid and alkaline stability and stability to degradation by bacterial enzymes. Aminopenicillin is stable to stomach acid and can be administered orally while methicillin is stable against the beta-lactamase enzyme. Thus methicillin (carboxypenicillin) and ticarcillin were fashioned from penicillin for the treatment of infections due to resistant Staphylococcus and pseudomonas respectively ¹³. The synthesis of other semi-synthetic antibiotics was also reported. Minocycline and doxycycline are both tetracycline Second analogs and third generation cephalosporins were possible through semisynthesis ^{21, 22}.

Semi-synthesis was not, however, very effective in combating the dynamic resistance posed by the microbial world. Cross-resistance between different antibiotics of the same family was a major problem. It was thought that the ease with which bacteria develop resistance to natural compounds could be due to co-evolution between the organism and the antibacterial. The companies thought of introducing xenobiotics which are compounds that are not known to nature ²³.

Synthetic Route: The sulphonamides were the first antibiotics that were synthesized. Prontosil, a

component of a dye which was prepared for use in the textile industry was accidentally found to be active against microorganisms by a German chemist ²⁴. The next product of pure synthesis did not arrive until 1962 when the quinolones were synthesized. It took about 40 years for another synthesized compound Linezolid (oxazolidinone) to be approved for clinical use ²⁵.

The rapid development and promises of the synthetic route were thought to pull the pharmaceutical industry away from the natural drug discovery route. Combinatorial chemistry has played a large role in the search for drug leads, but it was not until 2005 when the first product of combinatorial chemistry as a model of drug discovery was approved for clinical use. The FDA approved sorafenib (Nexavar) for the treatment of advanced renal cancer, and it received its marketing license in Europe in 2006. ^{26, 27}

Antimicrobial Resistance:

Resistance in Bacteria: WHO's 2014 report on global surveillance of antimicrobial resistance is happening right now, across the world, and is putting at risk to treat common infections in the community and hospitals **Fig. 1**.

- The treatment with third-generation cephalosporins has been a failure for gonorrhea in many countries due to which there is increased complications like infertility, adverse pregnancy outcomes, and neonatal blindness.
- *E. coli* caused urinary tract infections to become resistance to fluoroquinolones is also very widespread.
- The severe infections caused by Staphylococcus aureus becomes resistance to first-line antibiotics in many populations.
- In most of the countries, life-threatening infections caused by common intestinal bacteria are resistant to carbapenem antibiotics.

Resistance in HIV: Resistance is a pressing concern for the treatment of HIV infection, after the rapid expansion in access to antiretroviral drugs in recent years; national surveys are underway to detect and monitor resistance.

- At the end of 2011, more than 8 million people were receiving antiretroviral therapy in lowand middle-income countries to treat HIV. Although it can be minimized through good programmed practices, some amount of resistance to the medications used to treat HIV is expected to emerge.
- Analysis of data from WHO surveys that target people who have been recently infected with HIV indicates increasing levels of resistance to the non-
- Nucleoside reverse transcriptase (NNRTI) class of drug used to treat HIV. This increase is

- particularly noticeable in Africa, where the prevalence of resistance to NNRTI reached 3.4% in 2009.
- There is no clear evidence of increasing levels of resistance to other classes of HIV drugs. Of 72 surveys of transmitted HIV drug resistance conducted between 2004 and 2010, 20 (28%) were classified as having moderate (between 5% and 15%) prevalence of resistance.
- Available data suggest that there is an association between higher levels of coverage of antiretroviral therapy and increased levels of HIV drug resistance²⁸.

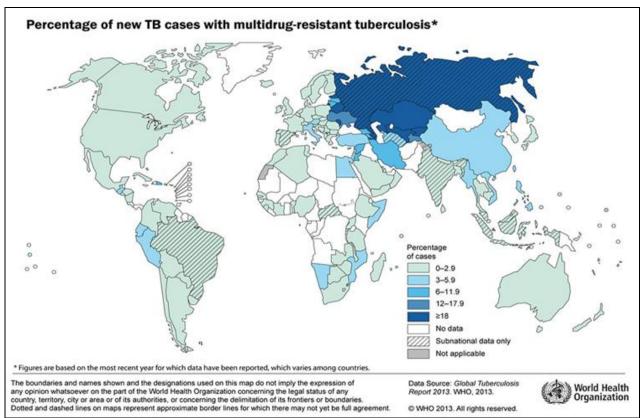


FIG. 1: PERCENTAGE OF NEW TB CASES WITH MULTI-DRUG RESISTANT TUBERCULOSIS

TABLE 1: THERE ARE NUMEROUS PLANTS WHICH ARE PROVED FOR THEIR ANTIMICROBIAL ACTIVITY 29

S. no.	Plant name	Part used	Extract	Active against
1	Stephania glabra	Rhizome	Ethanol, Staphylococcus mutans, Staphylococcu	
				epidermidis, Escherichia coli,
				Klebsiella pneumonia
2	Woodfordia fruticosa	Stem and	Petroleum ether,	Escherichia coli, Bacillus subtili,
		flowers	chloroform, diethyl ether	Staphylococcus aureus and
			& acetone	Pseudomonas aeruginosa
3	Betula utilis	Bark	Petroleum ether,	Escherichia coli, Klebsiella pneumonia,
			chloroform,	Proteus mirabilis, Pseudomonas
			methanol, ethanol and	aeruginosa, Salmonella paratyphi,
			water	Salmonella typhi, Salmonella

				typhimurium, Shigella flexneri, Shigella
				sonnei, Staphylococcus aureus,
				Streptococcus faecalis, Shigella boydii,
				Citrobacter sp., Salmonella paratyphi B and Shigella boydii
4	Calotropis gigantean	Latex	Ethanol	Candida albicans, Saccharomyc
				escerevisiae, T. mentagrophytes, T. rubrum, Aspergillus fumigates,
				Aspergillus lavus, Aspergillus niger,
_		73 1	**	Penicillium chrysogenum
5	Nelumbo nucifera	Flowers. (Both white	Hydroethanolic extract	Escherichia coli, Klebsiella pneumonia, Pseudomonas aeruginosa, Bacillus
		and pink)		subtilis, Staphylococcus aureus
6	Hemidesmus indicus	Roots	Ethanol	Propionibacterium acnes and
				Staphylococcus epidermidis
7	Eclipta alba	Fruits	Ethanol	Propionibacterium acnes and
				Staphylococcus epidermidis
8	Coscinium fenestratum	Stems	Ethanol	Propionibacterium acnes and Staphylococcus epidermidis
9	Cucurbita pepo	Seeds	Ethanol	Propionibacterium acnes and
				Staphylococcus epidermidis
10	Tephrosia	Roots	Ethanol	Propionibacterium acnes and
	purpura			Staphylococcus epidermidis
11	Mentha piperita	Leaves	Ethanol	Propionibacterium acnes and
				Staphylococcus epidermidis
12	Pongamia pinnata	Seeds	Ethanol	Propionibacterium acnes and
				Staphylococcus epidermidis
13	Symplocos racemosa	Barks	Ethanol	Propionibacterium acnes and
				Staphylococcus epidermidis
14	Euphorbia hirta	Roots	Ethanol	Propionibacterium acnes and
				Staphylococcus epidermidis
15	Tinospora	Roots	Ethanol	Propionibacterium acnes and
4.5	cordyfolia	T	T	Staphylococcus epidermidis
16	Thespesia populnea,	Roots	Ethanol	Propionibacterium acnes and
17	Y	E	To 1	Staphylococcus epidermidis
17	Jasminum officinale	Flowers	Ethanol	Propionibacterium acnes and
10	A 11 · ·	T C	D	Staphylococcus epidermidis
18	Albizia	Leaf	Benzene, water, acetone	Escherichia coli (MDR),
	lebbeck (L.),			Staphylococcus aureus (MDR),
				Klebsiella pneumoniae, Bacillus cereus,
10	Cleistanthus collinus	Loof	Dangana watan aastana	Vibrio cholerae and Candida albicans
19		Leaf	Benzene, water, acetone	Escherichia coli (MDR),
	(Roxb.).,			Staphylococcus aureus (MDR),
				Klebsiella pneumoniae, Bacillus cereus,
20	Emblica officinalis	Leaf	Ranzana water aceters	Vibrio cholerae and Candida albicans. Escherichia coli (MDR),
20	Emblica officinalis	Leal	Benzene, water, acetone	
	(Phyllanthus emblica L.),			Staphylococcus aureus (MDR), Klebsiella pneumoniae, Bacillus cereus,
				Vibrio cholerae and Candida albicans
21	Eucalyptus deglupta	Leaf	Renzene Water acctors	Escherichia coli (MDR),
21	(Eucalyptus tereticornis),	Leai	Benzene, water, acetone	Staphylococcus aureus (MDR),
	(Eucarypius refericornis),			Klebsiella pneumoniae, Bacillus cereus,
				Acosieia piieumoniae, baciius cereus,

				Vel · I I I I I I I I I I I I I I I I I I
22		T C	D	Vibrio cholerae and Candida albicans
22	Eupatorium odoratum	Leaf	Benzene, water, acetone	Escherichia coli (MDR),
	(Chromolaena odorata),			Staphylococcus aureus (MDR),
				Klebsiella pneumoniae, Bacillus cereus,
		* 0		Vibrio cholerae and Candida albicans
23	Oxalis corniculata L.,	Leaf	Benzene, water, acetone	Escherichia coli (MDR),
				Staphylococcus aureus (MDR),
				Klebsiella pneumoniae, Bacillus cereus,
		- 0	_	Vibrio cholerae and Candida albicans.
24	Hevea brasiliensis and	Leaf	Benzene, water, acetone	Escherichia coli (MDR),
				Staphylococcus aureus (MDR),
				Klebsiella pneumoniae, Bacillus cereus,
25	Y Y	T C	D	Vibrio cholerae and Candida albicans
25	Lantana camara L	Leaf	Benzene, water, acetone	Escherichia coli (MDR),
				Staphylococcus aureus (MDR),
				Klebsiella pneumoniae, Bacillus cereus,
2.6	4	T C .	26.4. 1	Vibrio cholerae and Candida albicans
26	Acacia nilotica,	Leaf, root,	Methanol	Bacillus subtilis, Escherichia coli,
		bark		Pseudomonas fluorescens,
				Staphylococcus aureus and
				Xanthomonas axonopodis pv.
27	G. I	T C .	26.4. 1	Malvacearum
27	Sida cordifolia	Leaf, root,	Methanol	Bacillus subtilis, Escherichia coli,
		bark		Pseudomonas fluorescens,
				Staphylococcus aureus and
				Xanthomonas axonopodis pv.
20	T. 1.C.1.	T C	Made and	Malvacearum
28	Tinospora cordifolia	Leaf, root,	Methanol	Bacillus subtilis, Escherichia
		bark		coli,Pseudomonas fluorescens,
				Staphylococcus aureus and
				Xanthomonas axonopodis pv.
20	W	T C	Made and	Malvacearum
29	Withania somnifer	Leaf, root,	Methanol	Bacillus subtilis, Escherichia coli,
		bark		Pseudomonas fluorescens,
				Staphylococcus aureus, and
				Xanthomonas axonopodis PV.
30	Zi-inhua mamiti an a	I and mont	Methanol	Malvacearum
30	Ziziphus mauritiana	Leaf, root, bark	Methanoi	Bacillus subtilis, Escherichia
		bark		coli,Pseudomonas fluorescens,
				Staphylococcus aureus and Xanthomonas axonopodis pv.
				Malvacearum
31	Adhatoda vasica,	Leaves	Aqueous extract	M. tuberculosis, M. fortuitum
32	Acalypha indica,	Leaves	Aqueous extract Aqueous extract	M. tuberculosis, M. fortuitum M. tuberculosis, M. fortuitum
33	Allium cepa,	Leaves	Aqueous extract	M. tuberculosis, M. fortuitum M. tuberculosis, M. fortuitum
34	Allium sativum	Bulb	Aqueous extract Aqueous extract	M. tuberculosis, M. fortuitum M. tuberculosis, M. fortuitum
35	Aloe vera	gel	Aqueous extract	M. tuberculosis, M. fortuitum
36	Mikania glomerata	- -	70% methanol	Staphylococcus aureus strains
37	Syzygium aromaticum	_	70% methanol	Staphylococcus aureus strains
38	Allium sativum	_	70% methanol	Staphylococcus aureus strains
39	Cymbopogon citratus	_	70% methanol	Staphylococcus aureus strains
40	Zingiber officinale	_	70% methanol	Staphylococcus aureus strains
10	Zingroer officiation		, o , o memunoi	Siaphytococous auteus strains

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				Bacillus subtilis, Enterococcus faecalis
				and Streptococcus faecalis
54	Ficus carica	Leaves	Methanol	Streptococcus mutans, Streptococcus
				sanguinis, Streptococcus sobrinus,
				Streptococcus ratti, Streptococcus criceti, Streptococcus anginosus
				and Streptococcus gordonii, A.
				actinomycetemcomitans, Fusobacterium
				nucleatum, Prevotella intermedia and
				Porphyromonas gingivalis
55	Bidens	Whole plant	Ethanol, water and	Staphylococcus aureus, Streptococcus β
	pilosa	parts	hexane	hemolític, Bacillus cereus, P.
				aeruginosa, and Escherichia coli, and
				one yeast Candida albicans
56	Bixa Orellana	Whole plant	Ethanol, water and	Staphylococcus aureus, Streptococcus β
		parts	hexane	hemolític, Bacillus cereus, P.
				aeruginosa, and Escherichia coli, and
57	Cil	Wib als wis me	Ednard material	one yeast Candida albicans
31	Cecropia peltata	Whole plant parts	Ethanol, water and hexane	Staphylococcus aureus, Streptococcus β hemolític, Bacillus cereus, P.
		parts	пехане	aeruginosa, and Escherichia coli, and
				one yeast Candida albicans
58	Cinchona	Whole plant	Ethanol, water and	Staphylococcus aureus, Streptococcus β
	officinalis	parts	hexane	hemolític, Bacillus cereus, P.
		•		aeruginosa, and Escherichia coli, and
				one yeast Candida albicans
59	Gliricidia sepium	Whole plant	Ethanol, water and	Staphylococcus aureus, Streptococcus β
		parts	hexane	hemolític, Bacillus cereus, P.
				aeruginosa, and Escherichia coli, and
<i>c</i> 0	I	Wib ala mland	Ednard material	one yeast Candida albicans
60	Jacaranda mimosifolia	Whole plant	Ethanol, water and hexane	Staphylococcus aureus, Streptococcus β hemolític, Bacillus cereus, P.
		parts	Hexane	aeruginosa, and Escherichia coli, and
				one yeast Candida albicans
61	Justicia secunda	Whole plant	Ethanol, water and	Staphylococcus aureus, Streptococcus β
		parts	hexane	hemolític, Bacillus cereus, P.
		_		aeruginosa, and Escherichia coli, and
				one yeast Candida albicans
62	Piper fulcrum	Whole plant	Ethanol, water and	Staphylococcus aureus, Streptococcus β
		parts	hexane	hemolític, Bacillus cereus, P.
				aeruginosa, and Escherichia coli, and one yeast Candida albicans
63	P. paniculata	Whole plant	Ethanol, water and	Staphylococcus aureus, Streptococcus β
		parts	hexane	hemolític, Bacillus cereus, P.
				aeruginosa, and Escherichia coli, and
		***	T .	one yeast Candida albicans
64	Spilanthes americana	Whole plant	Ethanol, water and	Staphylococcus aureus, Streptococcus β
		parts	hexane	hemolític, Bacillus cereus, P.
				aeruginosa, and Escherichia coli, and one yeast Candida albicans
				one yeast canada divicans

TABLE 2: LIST OF ANTIMICROBIAL DRUGS APPROVED SINCE 2000 BY FDA 30

Year Drug		Class Bacteria		Lead	NP-Lead source	
Approved	Name		Type	source	organism	
2000	Linezolid	Oxazolidinone	G+ve	S		
2001	Telithromycin	Macrolide	G +ve/G -ve	NP derived	Actinomycete	
2002	Biapenem	Carbapenem	G +ve/G -ve	NP derived	Actinomycete	
2002	Ertapenem	Carbapenem	G +ve/G -ve	NP derived	Actinomycete	
2002	Prulifloxacin	Fluoroquinolone	G +ve/G -ve	S		
2002	Pazufloxacin	Fluoroquinolone	G +ve/G -ve	S		
2002	Balofloxacin	Fluoroquinolone	G +ve/G -ve	S		
2003	Daptomycin	Lipopeptide	G+ve	NP derived	Actinomycete	
2004	Gemifloxacin	Fluoroquinolone	Fluoroquinolone G +ve/G -ve			
2005	Doripenem	Carbapenem	G +ve/G -ve	NP derived	Actinomycete	
2005	Tigecycline	Tetracycline	G +ve/G -ve	NP derived	Actinomycete	
2007	Retapamulin	Pleuromutilin	G+ve	NP derived	Fungus	
2007	Garenoxacin	Quinolone	G +ve/G -ve	S		
2008	Ceftobiprole medocaril	Cephalosporin	G +ve/G -ve	NP derived derived	Fungus	
2008	Sitafloxacin	Fluoroquinolone	G +ve/G -ve	S		
2009	Tebipenem pivoxil	Carbapenem	G +ve/G -ve	NP derived	Actinomycete	
2009	Telavancin	Glycopeptide	G+ve	NP derived	Actinomycete	
2009	Antofloxacin	Fluoroquinolone	G +ve/G -ve	S		
2009	Besifloxacine	Fluoroquinolone	G +ve/G -ve	S		
2010	Ceftaroline fosamil	Cephalosporin	G +ve/G -ve	NP derived	Fungus	
2011	Fidaxomicin	Tiacumicin	G+ve	NP derived	Actinomycete	
2012	Bedaquiline	Diarylquinoline	G +ve (TB)	S		

Recently Approved Antimicrobial Drugs:

- Flublok (seasonal influenza vaccine); Protein Sciences; for the active immunization against influenza virus subtypes A and type B, Approved January 2013.
- Luzu (luliconazole) Cream 1%; Valeant Pharmaceuticals; for the treatment of interdigital tinea pedis, tinea cruris, and tinea corporis, November of 2013.
- Olysio (simeprevir); Janssen Therapeutics; for the treatment of hepatitis C, November of 2013.
- Sitavig (acyclovir) buccal tablets; BioAlliance Pharma; for the treatment of recurrent herpes labialis in adults, Approved April 2013.
- Sovaldi (sofosbuvir); Gilead Sciences; for the treatment of hepatitis C, December of 2013.
- VariZIG, Varicella Zoster Immune Globulin (Human); Cangene; for the post-exposure prophylaxis of varicella zoster (chickenpox), Approved January 2013.

- Vibativ (telavancin); Theravance; for the treatment of hospital-acquired and ventilator-associated bacterial pneumonia caused by *S. aureus*, Approved June 2014.
- Dalvance (dalbavancin); Durata Therapeutics; for the treatment of acute bacterial skin and skin structure infections, Approved May 2014.
- Impavido (miltefosine); Knight Therapeutics; for the treatment of visceral, cutaneous and mucosal leishmaniasis, Approved March 2014.
- Jublia (efinaconazole) 10% topical gel; Valeant Pharmaceuticals; for the treatment of onychomycosis of the toenails, Approved June 2014.
- Metronidazole 1.3% Vaginal Gel; Actavis, Inc.; for the treatment of bacterial vaginosis, Approved April 2014.

The Government of India to Ban Over-The-Counter Sale of 92 Antibiotics: Resistance to antibiotics is becoming a serious threat for India because of popular habit to pop pills at will. Even the World Health Organization (WHO) recently

warned that the world is staring at a post-antibiotic era when common infections will no longer have a cure.

WHO director-general Dr. Margaret Chan had said, "The world is on the brink of losing these miracle cures." Even director of Centres for Disease Control Atlanta chief Dr. Thomas R Frieden, who was in India said that drug resistance due to irrational use of antibiotics, will increase in the future. Drug Controller General of India (DCGI) Dr. G N Singh has written to the Union health minister to notify a new schedule H1 in the Drugs and Cosmetics Rules. Once notified, following clearance from the law ministry, these drugs cannot be sold without a prescription. The drugs will also have to carry a prominent label in red color on the left corner with the following warning: "It is dangerous to take this prescription except by medical advice and not to be sold by retail without prescription of the registered medical practitioner." He added, "These drugs will only be sold against a prescription that the chemist will have to retain.

The drugs to come under H1 includes Moxifloxacin, Meropenem, Imipenem, Ertapenem, Doripenem, Colistin, Linezolid, Cefpirome, Oxacillin, Gentamicin, Amikacin, Penicillin, Zolpidem, Cefalexin, Norfloxacin, Cefaclor, Cefdinir, Tigecycline, Tobramycin, Tramadol, and Vancomycin ³².

List of Banned Drugs in India:

- Furazolidone: Furazolidone is a nitrofuran antibacterial. It was marketed by Roberts Laboratories under the brand name Furoxone and by GlaxoSmithKline as Dependal- M.
- Nitrofurazone: Nitrofurazone is bactericidal for most pathogens that commonly cause surface skin infections, including S. aureus, S. Escherichia coli, Clostridium perfringens, Enterobacter aerogenes, and Proteus organisms. It was marketed with brand name Furacin Soluble Dressing; Furacin Topical Cream; Furacin Topical Solution.
- ➤ Quiniodochlor: it was antibacterial and antibiotic marketed with brand names Betnovate-C (20 gm), Enteroquinol, Dermican,

Dexaquin, Quinoderm, Skycet Gel, Dexaquin³³.

Importance of Plants as Antimicrobial: Hong-Xi Xu *et al.*, 2001 ³⁴ in their research work showed, thirty-eight plant-derived flavonoids representing seven different structural groups were tested for activities against antibiotic-resistant bacteria using the disc-diffusion assay and broth dilution assay. Among the flavonoids examined, four flavonols (myricetin, datiscetin, kaempferol, and quercetin) and two-flavones (flavone and luteolin) exhibited inhibitory activity against methicillin-resistant *Staphylococcus aureus* (MRSA).

Myricetin was also found to inhibit the growth of multidrug - resistant B. cepacia, vancomycin - resistant enterococci (VRE) and other medically important organisms such as *Klebsiella pneumoniae* and *Staphylococcus epidermidis*. Myricetin was bactericidal to B. cepacia. The results of the radiolabel incorporation assay showed that myricetin inhibited protein synthesis by B. Cepacia.

Ortega-Ramirez LA et al., 35 and Seow YX et al., 36 proposed, medicinal plants traditionally used to treat health disorders and to prevent diseases, as a source of bioactive compounds having food additive properties. Medicinal plants are rich in terpenes and phenolic compounds that present antimicrobial and antioxidant properties and also the essential oils derived from plants exhibit biological activities, including antioxidant, anticancer, and antimicrobial activity, use of these substances as antimicrobials in food products, factors that affect their efficacy, synergism between components or with available food preservatives as well as the challenges and future directions of using essential oils and phytochemicals as natural food preservatives.

A study was done by Nautiyala *et al.*, in which it was observed that 1 h treatment with medicinal smoke, released by burning wood and mixture of odoriferous and medicinal herbs, lead to 94% reduction of bacterial counts by 60 min. The absence of pathogenic bacteria (*Corynebacterium urealyticum, Enterobacter aerogenes, Enterobacter aerogenes, Klebsiella mobilize, Kocuria rosea, Pseudomonas syringae* pv. persicae, S. lentus) in

the open room even after 30 days is indicative of the bactericidal potential of the medicinal smoke treatment. Medicinal smoke from natural herbal products has the potential for use as a smoke/inhalational form of drug delivery ³⁷.

Plant-based antimicrobials represent a vast untapped source for medicines. Continued and further exploration of plant antimicrobials needs to occur. Plants based antimicrobials have enormous therapeutic potential. They are effective in the treatment of infectious diseases while simultaneously mitigating many of the side effects that are often associated with synthetic antimicrobials. They are effective, yet gentle. Many plants have tropisms to specific organs or systems in the body. Phytomedicines usually have multiple effects on the body. Their actions often act beyond the symptomatic treatment of disease. An example of this is Hydrastis canadensis. Hydrastis not only has antimicrobial activity but also increases blood supply to the spleen promoting the optimal activity of the spleen to release mediating compounds ³⁸.

The Market of Herbal Product of Selected Countries in 2014 India: Herbal / traditional products continued to grow at a strong rate of 13% regarding value in 2013. This was due to consumers' continued trust in these products as they have no side effects. Herbal/traditional products are expected to grow at by a value CAGR at constant 2013 pieces of 7% during the forecast period of 2013-2018. This is expected to be driven by herbal / traditional vitamins and dietary supplements, topical analgesics and dermatological 39

USA: The herbal/traditional products category continues to be dominated by dietary supplements, with a 68% share of value sales in 2013. Following this was herbal/a traditional cough, cold and allergy remedies with a 17% value share and digestive remedies with 5%. Together these categories account for 90% of category value sales. Herbal/traditional products are expected to grow by 14% to reach US\$5.3 billion by 2018. Some consumers, afraid of complex chemical and drug interactions, will continue to look for more natural remedies and products and therefore the category can be expected to maintain a modest momentum with a CAGR of 3% in value sales at constant 2013

prices over the forecast period. As in the previous year, pediatrics dietary supplements are expected to witness the fastest value growth over the forecast period ⁴⁰.

China: Herbal/traditional products are expected to see a constant value CAGR of 7% in the forecast period. Such healthy growth momentum is anticipated to be driven by consumers' steady demand for such products, with rising health-consciousness, in pursuit of more natural cures for health problems.

Herbal/traditional topical analgesics are likely to continue to see the strongest value growth, due to the demand to relieve pain with milder products. Due to the long presence of herbal/traditional products in the market, consumers have developed a preference for such products, mainly due to their fewer side-effects and mild product nature ⁴¹.

Australia: Herbal/traditional products grew by 8% in current value terms throughout 2013 to reach a market size of A \$498 million. Consumer sentiment has continued to shift over the review period to become more accepting of herbal alternatives as the health benefits have become widely publicized. Although, some concerns remain surrounding the alternatives. efficacy of herbal Australian consumers' shift towards healthier lifestyle choices has moved demand towards products perceived as more natural. This trend has been magnified by the rise of ethnic populations in Australia, with an increased emphasis on herbal and traditional products and remedies. Herbal and traditional products will grow at a constant value CAGR of 4% over the forecast period. Australian consumers' desire to minimize artificial ingredients will see them lean towards herbal/traditional products they see as having adequate efficacy ⁴².

United Kingdom: Herbal/traditional products remained stagnant in current value terms in 2013. The implementation of recent EU regulations on herbal and medicinal products, coupled with the declining interest of consumers in herbal/traditional remedies, contributed to the poor performance of the category. According to the trade sources interviewed, no major regulatory developments are expected to be implemented during the forecast period which will affect the industry the way the

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European Traditional Herbal Medicinal Product Directive did. The category is expected to continue to become more concentrated and less dynamic as a result of the implementation of the EU regulation

conclusion: In the beginning of the 21st century, the widespread emergence of antimicrobial resistance has made the current antimicrobials ineffective. Various efforts have been made to combat this resistance so that newer targets can be identified and the next generation of effective antimicrobials be produced. There is an urgent need for complete understanding of the various aspects of drug resistance in microbes which can help in the choice of good targets, vital for the discovery of new antibacterial drugs obtained from plant origin.

Shortly, the next challenge will be to identify newer agents for the treatment of multidrug-resistant pathogens which are emerging at a rapid rate. As the synthetic antimicrobials soon become resistant to the pathogen, this made more emphasis on antimicrobials from plant origins which are having a long duration of effectiveness. Hence the present review concludes the importance of plant drugs as antimicrobials over the synthetic drugs.

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