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## A REVIEW ON “SANDIGDHA DRAVYAS” OF BHAVAPRAKASHA NIGHANTU

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### Keywords:

Sandigdhadravya, Controversial drug, Bhavaprakasha Nighantu, Ayurveda, Nighantu

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**ABSTRACT:** “Sandigdha dravyas” is a term used for medicinal plants having controversial botanicals as sources. In current scenario, one of the major controversies is related to identification of drug which creating hurdles for pharmacopoeial standards of the formulations. Certain drugs are under are categorized as controversial drugs as there are confusion to exactly decode the accurate botanical source by names mentioned in Sanskrit as the names are assigned based upon many criteria *i.e.* morphology, habit, habitat, therapeutic action, some analogies etc. Due to the controversy of appropriate botanical identity, many *Divya aushadhidravys* are not in clinical practice for their miraculous effects. Bhavaprakasha Nighantuis one of the important Ayurveda Classics in which the synonyms, properties, actions and uses of the drugs are mentioned. It is compiled to furnish some more information about controversial drugs in ayurvedic texts. Thus here an attempt has been made to prevent the controversy of drugs and establish pharmacopoeial standards of classical Ayurvedic medicinal plants by the government.

**INTRODUCTION:** Ayurveda is perceived as one of the most ancient and well documented system of medicine equally relevant to modern times. The system of medicine is mainly plant based. The medicinal plants are known to be the main source of traditional medicines, phytopharmaceuticals, nutraceuticals, many of modern allopathic drugs, household remedies, cosmetics etc. with a very high degree of societal acceptance. However, for global acceptance as well as providing safe and effective Ayurvedic products the drug should be established appropriately.

In Ayurveda, there are many instances of controversy in terms of fundamental principles and their clinical applications. But one of the major controversies is related to identification of drug. The long history of safe usage of Ayurvedic medicines can be extrapolated only when the botanical identity of the plant going into those medicines is established and standardized. Hence proper nomenclature of all crude drugs and establishing their exact botanical origin is a must.

The nighantu literature is one of the important aspects in the study of Ayurveda and especially in the subject of Dravyaguna Vijnana. Bhavaprakasha Nighantu<sup>1</sup> is one of them and is the nighantu of modern time period. The author Bhavamishra wrote the treaties in 16<sup>th</sup> century AD. *Acharya Bhavamishra* has mentioned controversial and non controversial drugs in some *Vargas* among 23

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vargas. The review attempts at focusing on the *Bhavaprakashanighantu*. The list of the *Sandigdha dravya* (controversial drugs) from controversial drugs was observed as follows.

### Observations <sup>1</sup>:

**TABLE 1: SANDIGDHA DRAVYAS MENTIONED IN HARITAKYADIVARGA**

Sr. no.	Name of the Drug	Controversy regarding to drug	Page no.	Suggested drug
<i>Haritakyadivarga</i>				
1.	<i>Ajamoda</i>	<i>Apium graveolens</i> Linn. <i>Seseli indicum</i> W. & A. <i>Thymus serpyllum</i> Linn.	26	<i>Apium graveolens</i> Linn.
2.	<i>Methika</i>	<i>Trigonella foenum-graecum</i> Linn. <i>Medicago sativa</i> Linn. <i>Trigonella corniculata</i> Linn.	36	<i>Trigonella foenum-graecum</i> Linn.
3.	<i>Vacha</i>	<i>Acorus calamus</i> Linn. <i>Alpinia galanga</i> Willd. <i>Paris polyphylla</i> Sm. <i>Iris germanica</i> Linn. <i>Alpinia officinarum</i> Hance, <i>Zingiber zerumbet</i> Rosc.	42	<i>Acorus calamus</i> Linn.
4.	<i>Chopachini</i>	<i>Smilax china</i> Linn. <i>Smilax macrophylla</i> Roxb. <i>Smilax glabra</i> Roxb. <i>Smilax lanceaefolia</i> Roxb. <i>Smilax ornata</i> Hook.	46	<i>Smilax china</i> Linn.
5.	<i>Hapusha</i>	<i>Juniperus communis</i> Linn. <i>Tamarix gallica</i> Linn. <i>Flueggealeucopyrus</i> Willd. <i>Juniperus macropoda</i> Boiss.	48	<i>Juniperus communis</i> Linn.
6.	<i>Vidanga</i>	<i>Embeliaribes</i> Burm. f. <i>Embeliatsjeriam-cottam</i> A. DC. <i>Myrsineafricana</i> Linn.	50	<i>Embeliaribes</i> Burm. f.
7.	<i>Tumburu</i>	<i>Zanthoxylum alatum</i> Roxb. <i>Zanthoxylum rhesta</i> DC.	54	<i>Zanthoxylum alatum</i> Roxb.
8.	<i>Katuka</i>	<i>Picrorhizakurroa</i> Royle. <i>Gentiana kurroo</i> Royle <i>Helleborus niger</i> Linn.	67	<i>Picrorhizakurroa</i> Royle.
9.	<i>Rasna</i>	<i>Pluchia lanceolata</i> Oliver & Hiern. <i>Inula racemosa</i> Hook. <i>Vanda roxburghii</i> R. Br. <i>Acampepapillosa</i> Lindl. <i>Tylophoraasthmatica</i> W. & A. <i>Polygonum glabrum</i> Willd. <i>Heliotropiumstrigosum</i> Willd. <i>Lepidagathistrinervis</i> Nees.	76	<i>Pluchia lanceolata</i> Oliver & Hiern.
10.	<i>Machika</i>	<i>Solanum nigrum</i> Linn. <i>Hibiscus cannabinus</i> Linn. <i>Tamarix articulata</i> Vahl. <i>Tamarix gallica</i> Linn.	82	<i>Tamarix articulata</i> Vahl.
11.	<i>Jyotishmati</i>	<i>Celastruspaniculatus</i> Willd. <i>Cardiospermumhalicacabum</i> Linn.	86	<i>Celastruspaniculatus</i> Willd.
12.	<i>Kushtha</i>	<i>Saussurealappa</i> C. B. Clarke <i>Saussureahypoleuca</i> Spreng. <i>Salvia lanata</i> Roxb. <i>Inula racemosa</i> Hook. f. <i>Senecio jacquemontianus</i> Sm. <i>Costus speciosus</i>	87	<i>Saussurealappa</i> C. B. Clarke
13.	<i>Pushkaramula</i>	<i>Inula racemosa</i> Hook. f. <i>Iris germanica</i> Linn. <i>Iris florentina</i> Linn.	91	<i>Inula racemosa</i> Hook. f.
14.	<i>Katuparni</i>	<i>Argemone Mexicana</i> Linn. <i>Euphorbia thomsoniana</i> Boiss. <i>Garcinia Morella</i> Desr. <i>Euphorbia pilosa</i> Linn.	93	<i>Argemone mexicana</i> Linn.
15.	<i>Karkatashringi</i>	<i>Pistacia integerrima</i> Stew. <i>Rhus succedania</i> Linn.	95	<i>Pistacia integerrima</i> Stew.
16.	<i>Kataphala</i>	<i>Myrica esculenta</i> Buch.- Ham. <i>Myristica malabarica</i> Lam. <i>Careya arborea</i> Roxb.	97	<i>Myrica esculenta</i> Buch.- Ham.
17.	<i>Bharangi</i>	<i>Clerodendrum serratum</i> Spreng. <i>Picrasmaquassoides</i> Ben. <i>Premna herbacea</i> Roxb. <i>Clerodendrum siphonanthus</i> R.Br.	98	<i>Clerodendrum serratum</i> Spreng.
18.	<i>Pashanabheda</i>	<i>Saxifraga ligulata</i> Wall. <i>Aerva lanata</i> Juss. <i>Kalanchoe pinnata</i> Pers. <i>Coleus aromaticus</i> Benth. <i>Homonoia riparia</i> Lour. <i>Rotula aquatica</i> Lour. <i>Ocimum basilicum</i> Linn. <i>Iris pseudacorus</i> Linn. <i>Ammaniabaccifera</i> Linn. <i>Bridelia retusa</i> Spreng. <i>Didymocarpus pedicillata</i> R. Br.	101	<i>Saxifraga ligulata</i> Wall.
19.	<i>Daruharidra</i>	<i>Berberis aristata</i> DC. <i>Berberis asiatica</i> Roxb. <i>Berberis lyceum</i> Royle	114	<i>Berberis aristata</i> DC.
20.	<i>Bakuchi</i>	<i>Psoralea corylifolia</i> Linn. <i>Vernonia anthelmintica</i> Willd.	119	<i>Psoralea corylifolia</i> Linn.
21.	<i>Chakramarda</i>	<i>Cassia tora</i> Linn. <i>Cassia obtusifolia</i> Linn.	121	<i>Cassia tora</i> Linn.
22.	<i>Ativisha</i>	<i>Aconitum heterophyllum</i> Wall. <i>Aconitum palmatum</i> D. Don <i>Cryptocorne spiralis</i> Fisch.	122	<i>Aconitum heterophyllum</i> Wall.
23.	<i>Lodhra</i>	<i>Symplocos racemosa</i> Roxb. <i>Symplocos crataegoides</i> Buch. <i>Excoecaria agallocha</i> Linn.	124	<i>Symplocos racemosa</i> Roxb.

24.	Rasona	<i>Allium sativum</i> Linn. <i>Allium ascalonicum</i> Linn. <i>Allium leptophyllum</i> Willd.	126	<i>Allium sativum</i> Linn.
25.	Palandu	<i>Allium cepa</i> Linn. <i>Urgenia indica</i> Kunth. <i>Scilla indica</i> Baker	130	<i>Allium cepa</i> Linn.

**TABLE 2: SANDIGDHA DRAVYAS MENTIONED IN KARPURADIVARGA**

Sr. no.	Name of the Drug	Controversy regarding to drug	Page no.	Suggested drug
1.	Latakasturi	<i>Hibiscus abelmoscheus</i> Linn. <i>Salix caprea</i> Linn. <i>Hibiscus tetraphyllus</i> Roxb.	175	<i>Hibiscus abelmoscheus</i> Linn.
2.	Agaru	<i>Aquilaria agallocha</i> Roxb. <i>Aquilaria malaccensis</i> Lam. <i>Dysoxylumbaricicum</i> Bedd. <i>Veprisbilocularis</i> W. & A. <i>Anaphalisneelgerriana</i> DC.	185	<i>Aquilaria agallocha</i> Roxb.
3.	Devadaru	<i>Cedrus deodara</i> Roxb.	187	<i>Cedrus deodara</i> Roxb.
4.	Sarala	<i>Polialthia longifolia</i> Benth. & Hook. f. <i>Pinus longifolia</i> Roxb. <i>Pinus excelsa</i> Wall. <i>Pinus khasya</i> Royle	189	<i>Pinus longifolia</i> Roxb.
5.	Tagara	<i>Valeriana wallichii</i> DC. <i>Valeriana officinalis</i> Linn. <i>Valeriana hardwickii</i> Wall. <i>Asarum europaeum</i> Linn. <i>Salinumvaginatum</i> Wall.	190	<i>Valeriana wallichii</i> DC.
6.	Kunduru- Shallakiniryasa	Gum resin of <i>Boswellia serrata</i> Roxb. Gum resin of <i>Boswellia carterii</i> Birdw. <i>Styrax benzoin</i> Dryand	202	Gum resin of <i>Boswellia serrata</i> Roxb.
7.	Sthula ela	<i>Amomum subulatum</i> Roxb. <i>Amomum aromaticum</i> Roxb. <i>Peucedanumgrande</i> C.B. Clarke	211	<i>Amomum subulatum</i> Roxb.
8.	Sukshma ela	<i>Elettaria cardamomum</i> Maton. <i>Heracleum rigens</i> Wall.	212	<i>Elettaria cardamomum</i> Maton.
9.	Nagakesara	<i>Mesua ferrea</i> Linn.	219	<i>Mesua ferrea</i> Linn.
10.	Hribera	<i>Ochrocarpuslongifolius</i> Benth. & Hook. <i>Pavonia odorata</i> willd. <i>Coleus vettiveroides</i> K.C. Jacob <i>Limnophilia indica</i> Linn.	227	<i>Pavonia odorata</i> willd.
11.	Mura	<i>Helicteresisora</i> Linn. <i>Erythriana stricta</i> Roxb. <i>Selinumtenuifolium</i> Wall.	236	<i>Helicteresisora</i> Linn.
12.	Gandhapalashi	<i>Hedychium spicatum</i> Ham. <i>Kaempferia galangal</i> Linn.	236	<i>Hedychium spicatum</i> Ham.
13.	Priyangu	<i>Callicarpa macrophylla</i> Vahl. <i>Prunus mahaleb</i> Linn. <i>Aglaiia roxburghiana</i> Miq.	237	<i>Callicarpa macrophylla</i> Vahl.
14.	Renuka	<i>Piper aurantiacum</i> Wall. <i>Symphoremampolyandrum</i> Wight <i>Vitex agnus-castus</i> Linn.	240	<i>Piper aurantiacum</i> Wall.
15.	Granthiparna	<i>Polygonum aviculare</i> Linn. <i>Angelicaglauca</i> Edgw. <i>Ocimumbasilicum</i> Linn. <i>Clerodendruminfortunatum</i> Linn	241	<i>Polygonum aviculare</i> Linn.
16.	Sthaunyeka	<i>Clerodendruminfortunatum</i> Linn. <i>Polygonum aviculare</i> Linn. <i>Angelicaglauca</i> Edgw.	242	<i>Clerodendrum infortunatum</i> Linn
17.	Talisapatra	<i>Abies webbiana</i> Lindl. <i>Taxus baccata</i> Linn. <i>Rhododendron anthopogon</i> D. Don. <i>Cinnamomum tamala</i> <i>Flacourtiacataphracta</i> Roxb.	244	<i>Abies webbiana</i> Lindl.

18.	<i>Gandhakokila</i>	<i>Luvunga scandens</i> Roxb. <i>Ciccaacida</i> Linn.	249	<i>Luvunga scandens</i> Roxb.
19.	<i>Elavaluka</i>	<i>Prunuscercasus</i> Linn. <i>Gisekiapharnaceoides</i> Linn.	251	<i>Prunuscercasus</i> Linn.
20.	<i>Kaivartamusta</i>	<i>Cyperus plastysilis</i> Br. <i>Cyperus amabilis</i> Vahl. <i>Zannichellia palustris</i> Linn. <i>Potamogetonpectinatus</i> Linn.	252	<i>Cyperus plastysilis</i> Br.
21.	<i>Sprukka</i>	<i>Celosia argentea</i> Linn. <i>Marsiliaquadrifoliata</i> L. <i>Trifolium officinale</i> L. <i>Delphinium zalila</i> & H. <i>Anisomelesmalabarica</i> R. Br.	253	<i>Delphinium zalila</i> & H.

**TABLE 3: SANDIGDHA DRAVYAS MENTIONED IN GUDUCHYADIVARGA**

Sr. no.	Name of the Drug	Controversy regarding to drug	Page no.	Suggested drug
1.	<i>Gambhari</i>	<i>Gmelina arborea</i> Linn. <i>Premnaflavescens</i> Ham. <i>Trewianudiflora</i> Linn.	265	<i>Gmelina arborea</i> Linn.
2.	<i>Patala</i>	<i>Stereospermum suaveolens</i> DC. <i>Stereospermum chelonoides</i> DC. <i>Schreberaswietenoides</i> Roxb.	266	<i>Stereospermumsuaveolens</i> DC.
3.	<i>Shyonaka</i>	<i>Oroxylum indicum</i> Vent. <i>Alianthus excelsa</i> Roxb.	271	<i>Oroxylum indicum</i> Vent.
4.	<i>Shalaparni</i>	<i>Desmodium gangeticum</i> DC. <i>Urariapicta</i> Desv. <i>Urarialagopoides</i> DC.	273	<i>Desmodiumgangeticum</i> DC.
5.	<i>Prishniparni</i>	<i>Uraria picta</i> Desv. <i>Desmodium gangeticum</i> DC. <i>Uraria lagopoides</i> DC.	274	<i>Urariapicta</i> Desv.
6.	<i>Brihati</i>	<i>Solanum indicum</i> Linn. <i>Solanum torvum</i> Swartz <i>Solanum melongana</i> Linn.	275	<i>Solanum indicum</i> Linn.
7.	<i>Gokshura</i>	<i>Tribulus terrestris</i> Linn. <i>Tribulusalatus</i> Del. <i>Acanthospermum hispidium</i> DC.	279	<i>Tribulus terrestris</i> Linn.
8.	<i>Jivanti</i>	<i>Leptadenia reticulata</i> W. & A. <i>Dendrobium macraei</i> Lindl. <i>Dregia volubilis</i> L.f. Benth <i>Cimicifuga foetida</i> L. <i>Holostemmaheedianum</i> Spreng.	282	<i>Leptadenia reticulata</i> W. & A.
9.	<i>Snuhi</i>	<i>Euphorbia nerrifolia</i> Linn. <i>Euphorbia acaulis</i> Roxb. <i>Euphorbia nivulia</i> Buch. & Ham. <i>Euphorbia antiquorum</i> Linn. <i>Euphorbia trigona</i> Haw. <i>Euphorbia tirucalli</i> Linn. <i>Euphorbia royleana</i> Boiss.	293	<i>Euphorbia nerrifolia</i> Linn.
10.	<i>Snuhibheda-Saptala</i>	<i>Euphorbia tirucalli</i> Linn. <i>Acacia concinna</i> DC. <i>Euphorbia dracunculoides</i> Lam.	296	<i>Euphorbia tirucalli</i> Linn.
11.	<i>Langali</i>	<i>Gloriosa superba</i> Linn. <i>Costusspeciosus</i> Sm.	299	<i>Gloriosa superba</i> Linn.
12.	<i>Dhatura</i>	<i>Datura metel</i> Linn. <i>Datura stramonium</i> Linn. <i>Datura innoxia</i> Miller	303	<i>Datura metel</i> Linn.
13.	<i>Vasa</i>	<i>Adhatodavasica</i> Nees <i>Adhatodabeddomei</i> C.B. Clarke <i>Justicia picta</i> Linn.	306	<i>Adhatodavasica</i> Nees
14.	<i>Parpata</i>	<i>Fumaria indica</i> Pugsley. <i>Oldenanldiacorymbosa</i> Linn.	309	<i>Fumaria indica</i> Pugsley.

		<i>Polycarpeacorymbosa</i> Lam. <i>Justicia procumbens</i> Linn. <i>Glossocardialinearifolia</i> Cass. <i>Mollugo stricta</i> Linn.		
15.	Mahanimba	<i>Melia azedarach</i> Linn. <i>Ailanthus excels</i> Roxb.	317	<i>Melia azedarach</i> Linn.
16.	Kanchanara	<i>Bauhuniavariegata</i> Linn. <i>Bauhinia purpurea</i> Linn. <i>Bauhinia tomentosa</i> Linn.	322	<i>Bauhuniavariegata</i> Linn.
17.	Aparajita	<i>Clitoriaternatea</i> Linn. <i>Evolvulusalsinoides</i> Linn. <i>Convolvulus pluricaulis</i> Choisy. <i>Symphorem polyandrum</i> Wight. <i>Vallarissolanacea</i> Kuntze. <i>Canscora decussata</i> Schult	327	<i>Clitoriaternatea</i> Linn.
18.	Nirgundi	<i>Vitex negundo</i> Linn. <i>Vitex trifolia</i> Linn. <i>Nyctanthes arbour-tristis</i> <i>Symphorem polyandrum</i> Wight. <i>Buddlejaasiatica</i> Lour.	329	<i>Vitex negundo</i> Linn.
19.	Chilhaka	<i>Casearia tomentosa</i> Roxb. <i>Casearia esculenta</i> Roxb. <i>Salacia chinensis</i> Linn.	344	<i>Casearia tomentosa</i> Roxb.
20.	Tankari	<i>Clerodendrum phlomis</i> <i>Physalis minima</i> Linn. <i>Physalis indica</i> Linn.	345	<i>Physalis minima</i> Linn.
21.	Vetasa	<i>Salix caprea</i> Linn. <i>Calamus tenuis</i> Roxb.	345	<i>Salix caprea</i> Linn.
22.	Nagabala	<i>Sida humilis</i> Cav. <i>Sida spinosa</i> Linn. <i>Grewia</i> <i>hirsuta</i> Vanb. <i>Grewia populifolia</i> Vahl.	356	<i>Sida humilis</i> Cav.
23.	Karpasi	<i>Gossypium herbaceum</i> Linn. <i>Gossypium</i> <i>arboretum</i> Linn. <i>Thespesia lampas</i> Dalz& Gibs. <i>Hibiscus cancellatus</i> Roxb.	359	<i>Gossypium herbaceum</i> Linn.
24.	Nala	<i>Phragmites kirka</i> Trin. ex Steud. <i>Lobelia nicotianaefolia</i> Heyne.	362	<i>Phragmites kirka</i> Trin. ex Steud.
25.	Katrana	<i>Cymbopogon martini</i> Wats. <i>Cymbopogon</i> <i>citrates</i> Wats. <i>Cymbopogon jwarancusa</i> Wats.	368	<i>Cymbopogon martini</i> Wats.
26.	Bhutruna	<i>Cymbopogon citrates</i> Wats. <i>Cymbopogon jwarancusa</i> Wats.	369	<i>Cymbopogon citratus</i> Wats.
27.	Varahikanda	<i>Dioscorea bulbifera</i> Linn. <i>Tacca aspera</i> Roxb.	372	<i>Dioscorea bulbifera</i> Linn.
28.	Vidarikanda	<i>Pueraria tuberosa</i> DC. <i>Trichosanthes</i> <i>cordata</i> Roxb. <i>Ipomoea digitata</i> Linn. <i>Dioscorea pentaphylla</i> Linn. <i>Lettsomiasetosa</i> Roxb.	373	<i>Pueraria tuberosa</i> DC.
29.	Shweta musali	<i>Asparagus adscendens</i> Roxb. <i>Chlorophytum arundinaceum</i> Baker	377	<i>Asparagus adscendens</i> Roxb.
30.	Patha	<i>Cissampelos paeira</i> Linn. <i>Cyclea peltata</i> H.f.& T. <i>Cyclea burmanni</i> Miers.	381	<i>Cissampelos paeira</i> Linn.
31.	Trivritta	<i>Operculinaturpethum</i> S. <i>Marsdeni tenacissima</i> W. & A.	383	<i>Operculinaturpethum</i> S.
32.	Danti	<i>Baliospermum montanum</i> Muell. <i>Croton tiglium</i> Linn. <i>Croton polyandrum</i> <i>Jatropha curcas</i> L.	385	<i>Baliospermum montanum</i> Muell.
33.	Indravaruni	<i>Citrullus colocynthis</i> Schrad <i>Cucumis</i> <i>trigonus</i> Roxb. <i>Trichosanthes palmata</i> Roxb.	389	<i>Citrullus colocynthis</i> Schrad
34.	Sharapunkha	<i>Tephrosia purpurea</i> Linn. <i>Tephrosia villosa</i> Pers.	393	<i>Tephrosia purpurea</i> Linn.
35.	Vruddhadaru	<i>Argyrea speciosa</i> Sweet.	394	<i>Argyrea speciosa</i> Sweet.

36.	<i>Gandhaprasarini</i>	<i>Ipomoea biloba</i> Forsk. <i>Ipomoea petaloidea</i> Chois. <i>Paederiafoetida</i> Linn. <i>Merremia tridentate</i> Hall.f. <i>Convolvulus arvensis</i> Linn. <i>Leptadeniaspartium</i> Wt.	409	<i>Paederiafoetida</i> Linn.
37.	<i>Trayamana</i>	<i>Delphinium zalil</i> Aitch. & Hemsl. <i>Thalictrum foliolosum</i> DC. <i>Ficus heterophylla</i> Linn.	416	<i>Delphinium zalil</i> Aitch. & Hemsl.
38.	<i>Murva</i>	<i>Marsdeniatenacissima</i> W. & A. <i>Sansevieria roxburghianaschult.</i> <i>Bauhinia vahlii</i> W. & A. <i>Clematis gouriana</i> Roxb. <i>Maerua arenaria</i> Hook. <i>Helicteresisora</i> Linn.	419	<i>Marsdeniatenacissima</i> W. & A.
39.	<i>Kakanasa</i>	<i>Pentatropis capensis</i> Linn. <i>Asclepias curassavica</i> Linn. <i>Martyniadiandra</i> Glox. <i>Thunbergia alata</i> Boj.	424	<i>Pentatropis capensis</i> Linn.
40.	<i>Kakajangha</i>	<i>Peristrophebicalyculata</i> Nees. <i>Vitex peduncularis</i> Wall. <i>Leea hirta</i> Roxb.	426	<i>Peristrophebicalyculata</i> Nees.
41.	<i>Meshashringi</i>	<i>Gymnemasylvestre</i> R.Br. <i>Dolichandrone falcata</i> Seem.	428	<i>Gymnemasylvestre</i> R.Br.
42.	<i>Somalata</i>	<i>Ephedra gerardiana</i> Wall. <i>Sarcostemmabrevistigma</i> W. & A. <i>Amanita muscaria</i> Linn. <i>Periplocaaphylla</i> Decne. <i>Ceropegiaspecies</i> <i>Peganum harmala</i> Linn.	430	<i>Ephedra gerardiana</i> Wall.
43.	<i>Akashavalli</i>	<i>Cuscutareflexa</i> Roxb. <i>Cassytha filiformis</i> Linn.	433	<i>Cuscutareflexa</i> Roxb.
44.	<i>Vanda</i>	<i>Loranthus longiflorus</i> Desr. <i>Viscum album</i> Linn.	435	<i>Loranthus longiflorus</i> Desr.
45.	<i>Vamshapatri</i>	<i>Setaria glauca</i> Beauv. <i>Oplismenusburmanii</i> Beauv.	437	<i>Setaria glauca</i> Beauv.
46.	<i>Sarpakshi</i>	<i>Opiorrhizamungos</i> Linn. <i>Polygonum plebejum</i> R. Br.	438	<i>Opiorrhizamungos</i> Linn.
47.	<i>Shamkhapushpi</i>	<i>Convolvulus pluricaulis</i> Chois. <i>Evolvulusalsinoides</i> Linn. <i>Canscora decussate</i> Schult	439	<i>Convolvulus pluricaulis</i> Chois.
48.	<i>Lajjalu</i>	<i>Mimosa pudica</i> Linn. <i>Neptunia oleracea</i> Lour. <i>Biophytumsensitivum</i> DC.	442	<i>Mimosa pudica</i> Linn.
49.	<i>Dugdhika</i>	<i>Euphorbia hirta</i> Linn. <i>Euphorbia thymifolia</i> Linn. <i>Euphorbia microphylla</i> Linn. <i>Euphorbia hypericifolia</i> Linn.	444	<i>Euphorbia hirta</i> Linn.
50.	<i>Gojihva</i>	<i>Onosmabracteatum</i> Wall. <i>Elephantopusscaber</i> L. <i>Coccinia glauca</i> Savi <i>Launaeaaspleniifolia</i> Hook.	456	<i>Onosmabracteatum</i> Wall.
51.	<i>Nagadamani</i>	<i>Sansevieria roxburghiana</i> schult. <i>Crinum asiaticum</i> Linn. <i>Pupalialappacea</i> Moq.	458	<i>Sansevieria roxburghianaschult.</i>
52.	<i>Sudarshana</i>	<i>Crinum latifolium</i> Linn. <i>Crinum asiaticum</i> Linn. <i>Tinosporamalabarica</i> Miers.	461	<i>Crinum latifolium</i> Linn.
53.	<i>Akhukarni</i>	<i>Ipomoea reniformis</i> Chois. <i>Evolvulusnummularis</i> Linn.	462	<i>Ipomoea reniformis</i> Chois.

54.	Mayurashikha	<i>Synogramme vestita</i> Wall. <i>Elephantopus scaber</i> Linn. <i>Actinopteris dichotoma</i> Bedd. <i>Adiantum caudatum</i> Linn. <i>Celosia cristata</i> Linn.	463	<i>Elephantopus scaber</i> Linn.
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**TABLE 4: SANDIGDHA DRAVYAS MENTIONED IN PUSHPAVARGA**

Sr. no.	Name of the Drug	Controversy regarding to drug	Page no.	Suggested drug
1	<i>Sthalapadma</i>	<i>Ionidium suffruticosum</i> Ging. <i>Hibiscus mutabilis</i> Linn.	469	<i>Ionidium suffruticosum</i> Ging.
2	<i>Kumuda</i>	<i>Nymphaea alba</i> Linn. <i>Nymphaea rubra</i> Roxb. <i>Nymphaea pubescens</i> Willd. <i>Nymphaea stellata</i> Willd.	470	<i>Nymphaea alba</i> Linn.
3	<i>Variparni</i>	<i>Pistia stratiotes</i> Linn. <i>Eichhornia crassipes</i> Solms.	471	<i>Pistia stratiotes</i> Linn.
4	<i>Shaivala</i>	<i>Ceretophyllum demersum</i> Linn. <i>Vallisneria spiralis</i> Linn.	472	<i>Ceretophyllum demersum</i> Linn.
5	<i>Malati</i>	<i>Jasminum grandiflorum</i> Linn. <i>Aganosmacaryophyllata</i> G. Don.	477	<i>Jasminum grandiflorum</i> Linn.
6	<i>Kadamba</i>	<i>Anthocephalus cadamba</i> Miq. <i>Mytragynaparvifolia</i> Korth <i>Adina cordifolia</i> Benth. & Hook.	482	<i>Anthocephalus cadamba</i> Miq.
7	<i>Karnikara</i>	<i>Erythrina indica</i> L. <i>Cassia fistula</i> . <i>Abroma augusta</i> , <i>Pterospermum acerifolium</i> <i>Pterospermum suberifolium</i>	486	<i>Erythrina indica</i> L.
8	<i>Ashoka</i>	<i>Saraca indica</i> Linn. <i>Polyalthia longifolia</i> Benth & Hook.	487	<i>Saraca indica</i> Linn.

**TABLE 5: SANDIGDHA DRAVYAS MENTIONED IN VATADIVARGA**

Sr. no.	Name of the Drug	Controversy regarding to drug	Page no.	Suggested drug
1.	<i>Nandivriksha</i>	<i>Ficus retusa</i> Linn. <i>Ficus altissima</i> Blume <i>Ficus microcarpa</i> Linn.	503	<i>Ficus retusa</i> Linn.
2.	<i>Shala</i>	<i>Shorea robusta</i> Gaertn. f. <i>Dipterocarpus alatus</i> Roxb.	508	<i>Shorea robusta</i> Gaertn.f.
3.	<i>Arjuna</i>	<i>Terminalia arjuna</i> W. & A. <i>Terminalia myriocarpa</i> H. & M. <i>Lactucaserricola</i> Linn. <i>Lactuca indica</i> Linn.	511	<i>Terminalia arjuna</i> W. & A.
4.	<i>Rohitaka</i>	<i>Tecomella undulata</i> Seem. <i>Amoorarohituka</i> W. & A.	515	<i>Tecomella undulata</i> Seem.
5.	<i>Katabhi</i>	<i>Albizia procera</i> Roxb. <i>Careya arborea</i> Roxb.	531	<i>Careya arborea</i> Roxb.
6.	<i>Jalakshirika</i>	<i>Trichodesma zeylanicum</i> R.Br. <i>Dalbergia volubilis</i> Roxb.	533	<i>Trichodesma zeylanicum</i> R.Br.
7.	<i>Tinisha</i>	<i>Ougeiniadalbergioides</i> Benth. <i>Lagerstroemia flos-reginae</i> Retz.	535	<i>Ougeiniadalbergioides</i> Benth.

**DISCUSSION:** India is blessed with one of the richest floras in the world and still there are hundreds of species. Natural sources of medicinal plants are often unable to meet demand for popular herbal drugs. As per the above references it is observed that there are 25 controversial drugs are mentioned in *Haritakyadivarga*, 21 drugs are mentioned in *Karpuradivarga*, 54 drugs are mentioned in *Guduchyadivarga*, 8 drugs are mentioned in *Pushpa varga*, 7 drugs are mentioned in *Vatadivarga* and total 115 controversial drugs are mentioned in *Bhavaprakashanighantu*. Due to

the polynomial nomenclature system of medicinal plant names in Sanskrit texts, each classical plant is attributed with many botanical sources i.e. *Aparajita* and *Shamkhapushpi* both are in controversy with each other due to having same synonym *Vishnukranta*. Disruption in traditional teaching and training, non availability of raw material, unwanted dependency over substitutes, documentation defects in the manuscripts and falsification of *Vaidyas* themselves in identifying herbs are certain practical viewpoints which are also responsible in creating controversy.

Different plant species are taken as *Rasna* according to region. *Shalaparni* and *Prishniparni* are both in controversy in each other due to recognition of *Vaidyas*. *Murvais* included in the controversy of *Trivritta*. Current practice of Ayurvedic physician and Industry is to use one of the several alternative herbs that are considered equivalent to Ayurvedic plant drugs. However, these initiatives would imperatively need establishing correct identity of the plant drug.

**CONCLUSION:** From the above compilation of controversial drug, it is observed that varieties of plant species have been coined according to numerous criteria like synonyms, non availability of drugs, substitutions, different opinions of

Ayurveda physicians and regions. In this article an attempt has been made to find out the controversial drugs from *Bhavaprakashanighantu*. So, that proper identity of the plant can be established and it can be made easy to establish pharmacopoeial standards of classical Ayurvedic medicinal plants by the government.

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