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## ANTIOXIDANT POTENTIAL OF FRACTIONS FROM THE STEM METHANOL EXTRACT OF *UVARIA COMPEREI* (ANNONACEAE)

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**ABSTRACT:** Oxidative stress is incriminated in many human diseases such as cancer, diabetes, ischemia, rheumatoid arthritis, neurodegenerative diseases, etc. The extracts from plants could be used to discovering the new antioxidant product. In the aim to evaluate the antioxidant activity of fractions of *Uvaria comperei* stem extract, the fractions of the stem extract obtained by vacuum chromatography from *Uvaria comperei* were screened for their in vitro antioxidant properties. Total phenolic content, total flavonoid content, and phytochemical screening were also determined. The antioxidant activity was evaluated using DPPH and ORAC assays, whereas total phenolic and total flavonoid contents were determined using folin-ciocalteu method and aluminum chloride assay, respectively. The phytochemical constituents were assessed using standard methods. In the DPPH scavenging activity assay, the EC<sub>50</sub> values of 6.03 µg/ml to > 2000 µg/ml were obtained from the fractions. The fraction F16 showed the strongest scavenging activity with EC<sub>50</sub> of 6.03 µg/ml near to the EC<sub>50</sub> value of catechin (3.57 µg/ml). All the fractions presented the antioxidant activity with ORAC assay; however, the fraction F16 showed the greatest value of 6157 ± 316.4 µmoltrol/ml l. The results revealed that the total phenolic content (TPC) and total flavonoid content (TFC) varied among the different fractions obtained in various solvent systems. The fraction F16 had the highest quantity of phenolic compounds, whereas the less polar fractions possessed more flavonoids. The major groups of compounds identified using phytochemical screening were glycosides, alkaloids, and phenols. The results suggested that some fractions *U. comperei* could be used as natural antioxidants.

**INTRODUCTION:** Oxidation is a basic part of aerobic life and our metabolism. During oxidation, many free radicals are produced and have an unpaired nascent electron.

Atoms of oxygen or nitrogen having a central unpaired electron are called reactive oxygen or nitrogen species<sup>1,2</sup>. These species, particularly the radical species, could cause peroxidation of membrane lipids, create oxidative damages on biological macromolecules, and enzyme<sup>3,4</sup>.

Reactive oxygen species have been implicated in over a hundred disease states, which range from arthritis and connective tissue disorders to carcinogenesis, aging, physical injury, infection, and cardiovascular malfunction<sup>5</sup>.

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Antioxidants play important roles to prevent fats and oils from becoming rancid and protect human body from the detrimental effects of free radicals. It can interfere with the oxidation process by reacting with free radicals, chelating catalytic metals, and also by acting as oxygen scavengers<sup>3</sup>.

Crude extracts of fruits, herbs, vegetables, cereals, and other plant materials rich in phenolics are increasing of interest in the food industry because they retard oxidative degradation of lipids and thereby improve the quality and nutritional value of food. Current research is now directed towards finding naturally occurring antioxidants of plant origin. Antioxidants have been reported to prevent oxidative damage by free radical and reactive oxygen species; any of them may prevent the occurrence of disease, cancer, and aging. The medicinal properties of plants have been investigated in the recent scientific developments throughout the world, due to their potent antioxidant activities, without any side effects and economic viability<sup>6,7</sup>.

Phenolics compounds are very important plant constituents exhibiting antioxidant activity by inactivating lipid free radicals or by preventing the decomposition of hydroperoxides into free radicals<sup>8</sup>. They are generally found in both edible and inedible plants. Polyphenone compounds such as flavonoids and phenolic groups widely distributed in plants that have been reported to exert multiple biological effects, including antioxidant, free radical scavenging abilities, anti-inflammatory, antitumor<sup>9,10</sup>.

Annonaceae is one of the biggest families, which comprising about 130 genera; among them, plants *Uvaria* genus are used traditionally for the treatment of dysentery, wound, abdominal ache, and malaria<sup>11</sup>. Plants extracts are sources of diverse secondary metabolites with many of them which display antioxidant and antimicrobial properties and, therefore, can protect the human body against both cellular oxidation reactions and pathogens<sup>12,13,14</sup>.

The aim of this study was to evaluate the antioxidant activities, total phenolic, and flavonoid contents of fractions from the stem extract of *Uvaria comperei* (Annonaceae).

## MATERIALS AND METHODS:

**Plant Collection:** The stem of *Uvaria comperei*, was harvested in February 2013 in Kalla Mount in Centre region of Cameroon and identified by the botanist Mr. Nana. Avoucher specimen of the plant (52882/HNC) has been deposited at the Cameroon National Herbarium in Yaoundé.

**Extract Preparation:** Freshly collected stem was chopped, dried, and ground into powder. A hundred grams (100 g) of powder was introduced in a conical flask and soaked for three days in 500 mL of methanol at room temperature. The resulting mixture was filtered through a filter paper and then roto-evaporated until complete alcohol evaporation was obtained.

**Fractionation:** The concentrated methanolic extract was fractionated by vacuum chromatography by using silica-gel 40 (0.2-0.5 mm) and eluted with solvents (hexane, ethyl acetate, and methanol) of increasing polarity leading to several fractions. The elution was done successively with a gradient system of Hex-Hex / EtOAc-EtOAc-EtOAc / MeOH-MeOH (100% Hex-100% MeOH). Four hundred milliliter (400 mL) of each elution was evaporated to dryness under reduced pressure, and 202 fractions were obtained and mixed according to their thin layer chromatographic profile using merk silica gel 60 F254 to give 28 new fractions. UV light ( $\lambda_{\max}$ =254 nm, 366 nm) and 50% aqueous sulfuric acid concentrated were used to visualize TLC plates. From the previous results, 18 fractions that presented a good antifungal activity were assayed for their total phenolic content, total flavonoid content, and antioxidant activities.

## Antioxidant Activity:

**DPPH Radical Scavenging:** Radical-scavenging activity, using 1, 1-diphenyl-2-picryl-hydzyl was carried out as previously described by Brandwilliams<sup>15</sup>. Briefly, 40  $\mu$ L of each fraction (dissolved in methanol or DMSO) was mixed with a DPPH solution (dissolved in methanol).

The mixture was agitated, incubated at room temperature for 1 h in the darkness, and the absorbance of samples was read at 517 nm. Catechin was used as a positive control. Radical scavenging capacity was expressed as percentage

effect (E %) and calculated using the following equation:

$$\text{Percentage effect E \%} = \frac{\text{Abs}_{\text{control}} - \text{Abs}_{\text{sample}}}{\text{Abs}_{\text{control}}} \times 100$$

EC<sub>50</sub> values were calculated from the antiradical curve (percentage effect vs sample concentrations).

#### **Oxygen Radical Antioxidant Capacity (ORAC):**

Oxygen radical antioxidant capacity was measured by the modified method described by Gillespie *et al.*,<sup>16</sup> and Cao *et al.*,<sup>17</sup>. 2, 2'-Azobis (2-amidino-propane) dihydrochloride (AAPH), fluorescein, and 6-hydroxy-2, 5, 7, 8 - tetra-methylchroman - 2-carboxylic acid (Trolox) were prepared in phosphate buffer (pH 7.4) and fractions were diluted in methanol at 5 µg/mL.

Four concentrations of trolox were prepared in the phosphate buffer to give 6.25 µM, 12.5 µM, 25 µM and 50 µM working solutions. In 24 well plates, 1.5 mL of fluorescein was added, followed by 250 µL of trolox for the control, 250 µL of buffer for the blank and 250 µL of extract for evaluation. After 10 min of incubation at 37 °C AAPH (250 µL) was added. Catechin (1 µg/mL) was used as a positive control.

After 1 h reading, ORAC values were calculated based on the net area under the curve (AUC) obtained by subtracting the AUC of the blank from that of a sample and compared to trolox standards curve. The final values were expressed in TEAC (Trolox equivalent antioxidant capacity).

**Total Phenolic Content (TPC) Assay:** TPC of the fractions were measured using the Folin-Ciocalteu method as described by Ainsworth *et al.*,<sup>18</sup> and Singleton *et al.*,<sup>19</sup> stock solution of standard (Gallic acid) was prepared at 5 mg/mL in methanol.

The concentrations of working standard in double distilled water ranged from 0.5 µg/mL to 5 µg/mL. The fractions were prepared at a concentration of 500 µg/mL. Fifty microliters (50 µL) of a sample or standard solutions were transferred into a test's tubes containing 4.2 mL of folin-ciocalteu reagent and mixed.

After 5 min at room temperature, 0.75 mL of sodium carbonate was added to the mixture and mixed gently. After incubation at room temperature

for 120 min, the absorbance was read at 760 nm using the Perkin Elmer Lambda spectrophotometer. The standard calibration curve of gallic acid (0.00 to 0.005 mg/mL) was plotted. Results were expressed as milligrams of gallic acid equivalent per gram of dry weight.

**Total Flavonoids Content (TFC) Assay:** Total flavonoid content of fractions was determined using the aluminum chloride assay according to Fernandes *et al.*,<sup>20</sup> an aliquot (0.2 mL) of the sample at 5 mg/mL were taken in different test tubes then 0.95 mL of distilled water was added followed by the addition of 0.1 mL of aluminum trichloride (2.5% AlCl<sub>3</sub>) and incubation for 15 min at room temperature.

After incubation, the absorbance was measured at 410 nm. The same procedure was repeated without the addition of AlCl<sub>3</sub> for the preparation of the contrast solution.

A standard curve of known concentrations of quercetin standard solution, which were 0, 12.5, 25, 50, and 100 µg/mL was drawn. The results were expressed as milligrams of quercetin equivalents per gram of fractions.

**Phytochemical Screening:** Phytochemical analysis was performed using colorimetric method<sup>21, 22, 23</sup>. Nine classes of secondary metabolites were screened: alkaloids, flavonoids, saponins, tannins, phenols, triterpenes, glucosides, anthocyanins, and anthraquinones.

**Statistical Analysis:** All data were presented as mean ± SEM with three replicates for each concentration of the prepared sample. Mean, SEM, and curves were obtained from Graph Pad Prism version 6.01.

**RESULTS AND DISCUSSION:** In order to facilitate the comprehension of the following results, all the fractions obtained in this study were codified as depicted in **Table 1**.

**Phytochemical Screening Result:** Phytochemical analysis **Table 2** presents different groups of metabolites present in fractions. The major group of compounds identified using phytochemical screening is glycosides, alkaloids, and phenols.

**TABLE 1: CODIFICATION OF DIFFERENT FRACTIONS**

Fractions	Solvents	Codification
1-6	Hex/EtOAc	F1
7	Hex/EtOAc	F2
8	Hex/EtOAc	F3
9	Hex/EtOAc	F4
10-11	Hex/EtOAc	F5
12	Hex/EtOAc	F6
13-14	Hex/EtOAc	F7
15-18	Hex/EtOAc	F8
19	Hex/EtOAc	F9
20-24	Hex/EtOAc	F10
25-34	Hex/EtOAc	F11
35	Hex/EtOAc	F12
36-39	Hex/EtOAc	F13
40-49	Hex/EtOAc	F14
50-55	Hex/EtOAc	F15
56-62	Hex/EtOAc	F16
63-74	Hex/EtOAc	F17
75-85	Hex/EtOAc	F18
86-94	EtOAc	F19
95-99	EtOAc	F20
100-109	EtOAc	F21
110-116	EtOAc/MeOH	F22
118-127	EtOAc/MeOH	F23
128-136	EtOAc/MeOH	F24
137-149	EtOAc/MeOH	F25
155-163	EtOAc/MeOH	F26
164-178	EtOAc /MeOH	F27
191-202	MeOH	F28

The elution was done successively with a gradient system (100% hex-100% MeOH). EtOAc (Ethyl acetate), hex (Hexane), MeOH (Methanol)

**TABLE 2: PHYTOCHEMICAL SCREENING OF FRACTIONS**

	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15	F16	F18	F24	F26
phenol	-	+	+	+	+	+	+	-	+	-	-	-	-	-	+	+	+	+
Tannin	-	-	+	-	+	-	-	-	-	-	-	-	-	-	+	+	+	+
Flavon	-	+	+	+	+	+	+	-	-	-	-	-	-	-	+	+	+	+
Saponin	+	-	-	+	-	-	-	+	-	-	-	-	-	-	-	-	-	-
Alkaloid	+	+	+	+	+	+	+	+	+	+	+	-	+	-	-	-	-	+
Anthra	-	-	-	-	-	-	-	-	-	-	-	-	-	+	+	+	+	+
Glyco	+	+	+	+	+	+	+	+	+	+	+	+	-	-	-	+	+	+
Anthro	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Triterp	-	-	-	-	-	-	-	-	+	+	-	-	-	-	+	+	+	+

Phytochemical analysis was performed using a colorimetric assay to detect the presence of alkaloids, flavonoids (Flavon), saponins, tannins, phenols, triterpenes (Triterp), glycosides (Glyco), anthocyanins (Anthro) and anthraquinones (anthra) in different fractions (+) = Presence; (-) = Absence

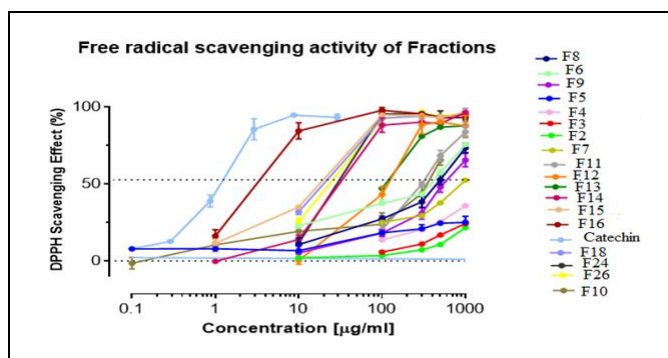
### Antioxidant Results:

**DPPH Results:** Fig. 1 shows that among all tested fractions, fraction F16 showed considerably high free radical scavenging activity with an  $EC_{50} = 6.03 \mu\text{g/mL}$  close to positive control (catechin) value ( $EC_{50} = 3.57 \mu\text{g/mL}$ ), followed by fraction F15 with  $EC_{50} = 13.55 \mu\text{g/mL}$  and fraction F24 with  $EC_{50} = 13.64 \mu\text{g/mL}$ . As for the  $EC_{50}$ , the lowest concentration was shown by fraction F4 followed by fraction F10; however, the fractions F2 and F3

presented the  $EC_{50} > 2000 \mu\text{g/mL}$  and fraction F5,  $EC_{50} > 1000 \mu\text{g/mL}$ . The first few fractions which were apolar showed weak antiradical activity than polar fractions, which had a high quantity of phenolic compounds. The fractions showed a concentration-dependent scavenging activity.

**ORAC Results:** Table 3 shows the ORAC results of fractions. Oxygen radical antioxidant Capacity was exhibited by all fractions however fraction F16

had high activity with  $6157 \pm 316.4$   $\mu\text{mol}/\text{mL}$  followed by fraction F7 ( $4652 \pm 382.1$   $\mu\text{mol}/\text{mL}$ ), fraction F14 ( $4572 \pm 221.1$   $\mu\text{mol}/\text{mL}$ ) and fraction F15 ( $4114 \pm 158.1$   $\mu\text{mol}/\text{mL}$ ). Catechin had the highest activity with  $144095 \pm 7434$   $\mu\text{mol}/\text{mL}$ . All the fractions showed moderate antioxidant capacity compared to catechin. The highest antioxidant capacity was observed with fractions F16. Phenolic constituents found in our plant extracts have been shown to neutralize free radicals in various testing systems and was assessed to establish a correlation between antioxidant activity and total phenolic content.



**FIG. 1: VARIATION OF SCAVENGING PERCENTAGE WITH FRACTIONS CONCENTRATIONS.** The percentage of scavenging of DPPH radical (%) for each fraction at different concentrations was given by each curve. Catechin was used as a standard. Each point represents mean  $\pm$  SEM

**TABLE 3: ORAC ACTIVITY OF FRACTIONS**

Fractions	Orac
	$\mu\text{mol}/\text{mL}$
F2	$2098 \pm 315.7$
F3	$1966 \pm 190.2$
F4	$2773 \pm 212.6$
F5	$191 \pm 384.2$
F6	$3479 \pm 408.2$
F7	$4652 \pm 382.1$
F8	$5759 \pm 548.0$
F9	$1414 \pm 265.7$
F10	$3510 \pm 221.1$
F11	$2306 \pm 234.1$
F12	$2206 \pm 191.6$
F13	$3193 \pm 313.2$
F14	$4572 \pm 221.1$
F15	$4114 \pm 158.1$
F16	$6157 \pm 316.4$
F18	$3650 \pm 204.8$
F24	$3553 \pm 391.8$
F26	$2915 \pm 187.5$
catechin	$144095 \pm 7434$

Radical scavenging capacity was expressed as  $\text{EC}_{50}$ .  $\text{EC}_{50}$  values were calculated from antiradical curve (percentage effect vs sample concentrations). The ORAC results values were expressed in TEAC (Trolox equivalent antioxidant capacity). Catechin was used as a positive antioxidant control. Values are expressed as mean  $\pm$  SEM

### Total Phenolic and Flavonoid Content Results:

The total phenolic content values **Table 4** was quantified based on the linear equation obtained from the gallic acid standard calibration curve. Thus, TPC values were expressed as gallic acid equivalent (mg GAE/ g samples).

The quantitative analysis of TPC of different fractions revealed that the fraction F16 contained the highest amount of TPC ( $80.087 \pm 1.127$  mgGAE/g), followed by fraction F15 ( $70,741 \pm 2,180$  mgGAE/g) and fraction F7 ( $61,397 \pm 4,842$  mgGAE/g). The fraction F16, which showed the high antioxidant activity contents had a high quantity of phenolic compounds. The polar fractions contained a higher phenolic compound than less polar or less polar fractions. Table 4 also presents the TFC results of fractions. TFC values were quantified based on the linear equation obtained from the quercetin standard calibration curve. The amount of total flavonoid ranged from 0 to  $62.741 \pm 5.180$  mg QE/g of material. The highest total flavonoid level was detected in fraction F7 ( $62.741 \pm 5.180$  mg QE/g) followed by fraction F6 ( $54.23 \pm 3.235$  mg QE/g) and fraction F8 ( $50.977 \pm 2.391$  mg QE/g).

**TABLE 4: TOTAL PHENOLIC AND FLAVONOID CONTENT OF FRACTIONS**

Fractions	TPC	TFC
	GAE mg/g	QE mg/g
F2	//	$10.116 \pm 1.195$
F3	$0.9713 \pm 1.331$	$17.947 \pm 1.523$
F4	$7.419 \pm 2.206$	$46.585 \pm 2.328$
F5	//	$28.192 \pm 1.696$
F6	$16.14 \pm 1.839$	$64.23 \pm 3.235$
F7	$38.56 \pm 1.893$	$75.741 \pm 5.180$
F8	$13.86 \pm 2.543$	$58.977 \pm 2.391$
F9	$6.318 \pm 1.093$	$15.427 \pm 1.586$
F10	$3.032 \pm 0.985$	$15.354 \pm 1.442$
F11	$3.830 \pm 0.522$	$19.753 \pm 0.6045$
F12	//	//
F13	$6.173 \pm 0.8063$	$4.961 \pm 1.304$
F14	$20.451 \pm 1.310$	$14.657 \pm 1.825$
F15	$61.397 \pm 6.842$	$3.288 \pm 0.6370$
F16	$80.087 \pm 1.127$	//
F18	$30.698 \pm 2.185$	$4.592 \pm 1.035$
F24	$16.856 \pm 2.544$	$10.352 \pm 2.320$
F26	$22,577 \pm 1.326$	$5.628 \pm 0.7926$

The TPC results were expressed as milligrams of gallic acid equivalent per gram of dry weight (GAE mg/g). Gallic acid was used as a standard. The TFC results were expressed as milligrams of quercetin equivalents per gram of fractions (QE mg/g). Quercetin was used as a standard. Values are expressed as mean  $\pm$  SEM. // = Negative values were obtained

The observation of antioxidant activity in this study may be linked to the presence of the identified phytochemicals such as flavonoids, tannins, phenolic compounds, and plant phenolics, which are a major group of compounds that act as primary antioxidants or free radical scavengers<sup>24</sup>. Antioxidants prevent oxidative stress caused by free radicals, which damage cells and vital biomolecules. They end chain reactions triggered by free radicals by removing free radical intermediates and inhibit other oxidation reactions. Antioxidant systems minimize or prevent deleterious effects of the reactive oxygen species. The antioxidant property of extracts may strongly contribute to the management and treatment of various diseases and conditions such as cancer, cardiovascular, inflammatory, and neurodegenerative pathologies<sup>25, 26</sup>.

The medicinal values of plants lie in their phytochemical components such as alkaloids, tannins, flavonoids, and other phenolic compounds, which produce a definite physiological action on the human body<sup>27</sup>. In addition, many studies have demonstrated the antioxidant properties of polyphenolic compounds<sup>10</sup>, tannins, flavonoids, phenolic acids, and phenolic diterpenes<sup>27</sup>. Moreover, epidemiological studies have also shown that consumption of food and beverages with ample phenolic compounds can minimize the risk of heart disease. These compounds diminish the development of atherosclerosis through acting as antioxidants towards low-density lipoprotein<sup>28</sup>.

The medicinal values of the plant could be related to their phytochemical components. According to Varadarajan *et al.*,<sup>29</sup> the secondary metabolites and other chemical constituents of medicinal plants account for their medicinal value; for example, anthraquinones possess anti-inflammatory, astringent, moderate antitumor, purgative and antimicrobial effects. Polyphenolic compounds are also believed to have chemopreventive and suppressive activities against cancer cells by inhibition of metabolic enzymes involved in the activation of potential carcinogens or arresting the cell cycle<sup>30</sup>.

**CONCLUSION:** The results obtained in this study suggest that the fractions have good antioxidant properties with glycosides, alkaloids, phenols, and

flavonoids being are the most prominent phytoconstituents. However, the fraction F16 containing a high level of total phenolic compounds inhibited DPPH free radicals with a capacity nearly equal to catechin. The observed activity might be related to its content in phenolic compounds, as previously demonstrated. It is important to say that the fraction F16 contained a high level of total phenolic compounds and demonstrated high antioxidant activities. Meanwhile, further, investigations are required to identify the active principles responsible for these activities.

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