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DEVELOPMENT AND EVALUATION OF POLYHERBAL DERMAL FORMULATION

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ABSTRACT: The plants are used to treat skin infection as well as cuts, burn, dermatophytes and an infectious disease is common in traditional medicine. The development of new polyherbal dermal formulation treat against resistant pathogens is increasing interest. Therefore, the aqueous, methanolic extracts from different parts of four medicinal plants used locally in folk medicine were evaluated for wound healing, antimicrobial activity. Different types of plant aqueous extract potential to treat cuts, wounds, fungal infection without any adverse effect of plant extract. It was found that most plant extracts studied had antibacterial and antifungal activities. The extract of showed significant activity against all tested bacteria and showed higher anti fungal activity against *E. coli*.

INTRODUCTION: Herbal Medicines: Four billion people or about 80% of the world's population uses herbal medicine today as part of health care. Different cultures use herbs located in their geographical locations for curing common illnesses. They have been successful to a certain extent and over many centuries, some of the herbal cures have proved to be far more useful than allopathic drugs.

What exactly is herbal medicine? One can loosely describe it is a natural form of healing or alternative therapy where herbs and plants are used in the form of extracts, pills, syrup or powder to cure ailments or diseases of human beings and in some cases of animals too. The administration of herbal medicines has been on a profile until now.

But failure of some allopathic drugs and its side effects have prompted some patients to go back to ancient healing methods which use herbal medicines to give relief¹. Herbal medicines are also called as herbalism. Ancient Chinese, Indians and Europeans discovered origins of medicinal herbs. They have been using them for curative purposes successfully. The records are available in ancient texts. In India itself, there are more than 1100 medicinal plants grown all over the wild forests.

Of these, some 60 genuses are used immensely in medicinal preparations. Despite their demands today, they are not grown in a controlled manner. Rather tribes use them as their livelihood in some belts where they are grown in the wild. Unlike India, in China, the spurt in demand for traditional medicines has made the government to allow growth of these plants for further research and development. About 100 units have nearly 600 plant types, grown for their medicinal value. Herbal medicines are used in Ayurveda, Naturopathy, and Homeopathy, traditional and native American medicines.

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About 74 plant types are used in modern medicines. They are bought from rainforests². With due importance, healthcare is being given worldwide, it is strange that herbal medicines are being used quietly without the consultations of a practitioner. They are bought over the counter or from unqualified people who make them as they hardly have, any side effects patent medicines are few in circulation, especially in India and China. If general physicians and doctors combine them with allopathic drugs for patients with chronic problems, it could be a positive step towards healthcare. As they are cost effective, they fall within the budget of patients needing long-term care.

Role of Herbal Medicine: If we discount allopathic drugs as the most preferred method of getting cure, then we safely say without any side effects that alternative herbal medicine is gaining more popularity. If properly guided it can turn into a billion dollar industry for Indians and Chinese who grown these medicinal plants. Traditional methods of curing ailments through botanical herbs and medicinal plants have become trendy. Many patients who are not happy with prolonged drug treatments are rooting for alternative healing therapy. As herbal medicines are becoming a trend for latest healthcare all over the world, it is better to understand the basics, which have been lost in antiquity³. Primitive residents of the ancient world experimented on a trial and error basis to cure painful toothaches, bruises and wounds. They used leaves, barks and saps (oils). It worked sometimes and at times, it failed. Some continued research and developed their skills to recognize medicinal qualities of certain valuable plants. As civilizations improved so did their methods of curing themselves.

From local anesthesia to surgeries, plain dressing of wounds, common colds cough and fever variety of plants was used. These medicines worked along with faith and prayers (not common in modern medicines) and surprisingly they created miracles! Most of them worked well because they went deep down to the root cause of the disease. They worked slowly to stem the rot and were successful experiments. Today the world recognizes three types of traditional methods of herbal medicines going by various case histories of treatments over the centuries⁴.

The western world depends largely on Greek, Roman and other medieval sources of alternative healing. In the East, India offers Ayurvedic solutions of many types. Chinese herbal medicines also have a large following with its rich history. What has been a common factor for all these three types is that none of them worked on any scientific principles. A combination of faith and common knowledge helped general physicians to cure their patients. They tackled the root cause of the problem rather than look at the effect. Time and skill helped some to identify herbs and plants.

Ancient Chinese discovered 2,000 such plants. Some had curable effects some were sheer poison and fatal. Generations of Indians and Chinese tell tales of miracles and recoveries due to some 'jadi-booti'. It is very strange that the modern scientists are still not acknowledging the use of these medicinal plants. For them 'what is herbal medicine' except an unqualified doses which may or may not prove to be successful. The fact that some of the allopathic medicines do use plant extracts are helping in changing scientific minds. Embracing the ancient methods would be far more useful and lucrative instead of shunning its historical value. Introducing traditional medicinal courses in colleges would help young generation of doctors to improve their knowledge and hone skills. Having a holistic approach to herbal medicines and its cures is a sure shot prescription for new practitioners⁵.

Indian Herbal Medicine: Much of ancient India's contribution to the medicinal world is surrounded in myth, legend, and superstition. Especially when it comes to traditional methods of cure, the west has looked suspiciously the way; it works without any scientific reasoning. However, the truth lies out there in millions of people worldwide now turning to Indian ancient sciences to take care of their health. Whether it is yoga, Ayurveda, Homeopathy or any other form of naturopathy, there are enough people wanting to try out alternate ways of healing. With celebrities endorsing some of the forms, they have become popular. Indian herbal medicines use various herbs and roots, sometimes succulents, different mushrooms, cacti and seeds. Some of these herbs have been used to correct cosmetic problems like acne, skin ailments, making perfumes also.

Indian spices used in the kitchen until today are useful and generations of Indians depend upon them for their curative properties. Unani doctors, Ayurvedic, prescribe them and Homeopathic doctors respected for their skills in weeding out the root cause of many diseases. Even diabetes, depression and other modern day diseases are tackled or controlled with the correct use of these medicines. Some of the ingredients are used as nutritional supplements, and local companies make popular health foods and drink supplements with the trend falling back on remedies of the ancient world, various myths are being busted and proper reports are being released to help people to decide what remedies are suitable to them⁶.

This is a positive sign for the Indian herbal medicine industry as it capable of turning into a profitable venture for local pharmacies that have been producing products of medicinal value for more than half a century or more than that. The government of India also felt the need to support the ancient health systems and in 1995 established 'Indian Systems of Medicine and Homeopathy' (ISM & H) now known as Ayush (Ayurveda, Yoga, Unani, Siddha, and Homoeopathy). With recognized courses in training and teaching institutes, it is a step forward to allow practitioners of alternate healing therapies to work alongside allopathic doctors on par. This will definitely reduce the problems of quacks also. Proper funding for research and development will also allow Ians to conduct tests and improve on the medicinal systems already existing. As they are cost effective and been used for long it will help in exploring and curing many ailments.

Skin diseases Skin diseases are among the most common health problems worldwide and are associated with a considerable burden. The burden of skin disease is a multidimensional concept that encompasses psychological, social and financial consequences of the skin disease on the patients, their families and on society. Chronic and incurable skin diseases, such as psoriasis and eczema, are associated with significant morbidity in the form of physical discomfort and impairment of patients' quality of life; whereas malignant diseases, such as malignant melanoma, carry substantial mortality. With the availability of a wide range of health status and quality-of-life measures, the effects of

most skin diseases on patients' lives can be measured efficiently. The aim of this review is to present some of the published data in order to highlight the magnitude of the burden associated with some common skin diseases and also to suggest ways to quantify this burden of skin disease⁷.

A corn (or clavus, plural clavi or clavuses) is a distinctively shaped callus of dead skin that usually occurs on thin or glabrous (hairless and smooth) skin surfaces, especially on the dorsal surface of toes or fingers. They can sometimes occur on the thicker palmar or plantar skin surfaces. Corns form when the pressure point against the skin traces an elliptical or semi-elliptical path during the rubbing motion, the center of which is at the point of pressure, gradually widening. If there is constant stimulation of the tissue producing the corns, even after the corn is surgically removed, the skin may continue to grow as a corn⁸.

Presentations: The hard part at the center of the corn resembles a barley seed that is like a funnel with a broad raised top and a pointed bottom. Because of their shape, corns intensify the pressure at the tip and can cause deep tissue damage and ulceration¹. Hard corns are especially problematic for people with insensitive skin due to diabetes *etc.* The scientific name for a corn is heloma (plural helomata). A hard corn is called a heloma durum, while a soft corn is called a heloma molle. The location of soft corns tends to differ from that of hard corns. Hard corns occur on dry, flat surfaces of skin. Soft corns (frequently found between adjacent toes) stay moist, keeping the surrounding skin soft. The corn's center is not soft, however, but indurated. Although corns and calluses are often talked about together, they are separate conditions⁹.

Corns generally occur on the tops and sides of the toes. A hard corn is a small patch of thickened, dead skin with a small plug of skin in the centre. A soft corn has a much thinner surface, appears whitish and rubbery, and usually occurs between the toes. Seed corns are clusters of tiny corns that can be very tender if they are on a weight-bearing part of the foot. Seed corns tend to occur on the bottom of the feet, and some doctors believe this condition is caused by blocked sweat ducts¹⁰.

Calluses are hard and rough-feeling areas of skin that can develop on hands, feet or anywhere there is repeated friction - even on a violinist's chin. Like corns, calluses have several variants. The common callus usually occurs when there has been a lot of rubbing against the hands or feet. A plantar callus is found on the bottom of the foot.

Diagnosis and workup to exclude other differential diagnoses, a skin biopsy may be taken. Imaging studies can be used in order to detect any underlying bony abnormalities that cause abnormal pressure on the overlying skin. For this purpose, a plain radiograph usually suffices, but, occasionally, CT scanning is used ¹¹.

Treatment: Treatment of corns include paring of the lesions, which immediately reduces pain. However, if an abnormal pressure source remains, the corn generally returns. If the source of any abnormal pressure is detected, this may be avoided, such as with orthotics and conservative footwear with extra toe space. If no other treatment is effective, surgery may be performed. Most corns and calluses gradually disappear when the friction or pressure stops, although your doctor may shave the top of a callus to reduce the thickness. Properly positioned moleskin pads can help relieve pressure on a corn. There are also special corn and callus removal liquids and plasters, usually containing salicylic acid, but these are not suitable for everyone.

Oral antibiotics generally clear up infected corns, but pus may have to be drained through a small incision. Creams may help soften the skin and remove cracked calluses. Apply the moisturising cream to the callus, and cover the area for 30 - 60 minutes with a plastic bag or a sock - but only if instructed to do so by your doctor or podiatrist. Then gently rub off as much of the callus as you can with a coarse towel or soft brush. Using a pumice stone first to rub off the dead skin from a callus after a bath or shower and then applying moisturising cream can also be effective. There are also stronger creams containing urea that might be more effective, but do not use these unless recommended by your doctor or podiatrist. Do not use hydrocortisone creams, which only help with rashes and itching and are not needed for calluses. Moisturising your skin incorrectly can aggravate a

fungal condition and should be avoided - especially moisturising between the toes. You may consider surgery to remove a plantar callus, but there are no guarantees that the callus will not come back. A conservative approach is best initially. Keep your feet dry and friction-free. Wear properly fitted shoes and cotton socks, rather than wool or synthetic fibres that might irritate the skin. If a podiatrist (a foot specialist) or orthopaedic specialist (a bone and joint specialist) thinks your corn or callus is caused by abnormal foot structure, your walking motion or hip rotation, orthopaedic shoe inserts or surgery to correct foot deformities may help correct the problem ¹².

TABLE 1: CLASSIFICATION OF CORN AND CALLUS ¹³

Grade	Description
0	No lesion present
1	No specific callus plaque, but diffused or pinched callus tissue present or in narrow bands.
2	Circumscribed, punctuate oval or circular, well-defined thickening of keratinized tissues.
3	Corn seed (<i>heloma millare</i>) or hard corn (<i>heloma durum</i>) with no associate callus tissues.
4	Well defined callus plaque with definite corn within the lesion.
5	Extravasations maceration and early breakdown of structure under the callus layer.
6	Complete breakdown of structure of hyperkeratosis tissues, epidermis, extending to superficial dermal involvement.



FIG. 1: DIFFERENCE BETWEEN CORN AND CALLUS

Corns: A corn is a circumscribed hyperkeratotic lesion with a central conical core of keratin that causes pain and inflammation. The core in corn which thickening of the stratum corneum, is a protective response to the mechanical trauma. This central core distinguishes the corn from callus.

Difference between corns and callus Corns are smaller than calluses and have a hard center surrounded by inflamed skin. They develop on

parts of body that do not carry any weight, such as tops and sides of your toes. If corns are pushed then they can cause pain or suffer from a dull ache. Calluses usually develop on the soles of the feet, especially under the heels or balls, on the palms, or the knees. They are rarely painful and vary in size and shape. They can be more than inch in diameter, making them larger than corns.

Corns are divided into two subtypes:

1. The hard corn (*Heloma durum*)
2. The soft corn (*Heloma molle*)

Hard corn, which is the most common type, appears as a dry horny mass of hyperkeratosis with a hard central core. Hard corn most commonly occurs on dorsolateral aspect of fifth toe or the dorsum of the interphalangeal joints of the lesser toes.

Soft corn results from the absorption of an extreme amount of moisture from perspiration and is noted by its characteristic macerated appearance. The soft corn is an extremely painful lesion that can developed between the fourth and fifth toes. The common causes of hard and soft com are hammering toe deformity appearance¹⁶.



FIG. 2: HARD CORN

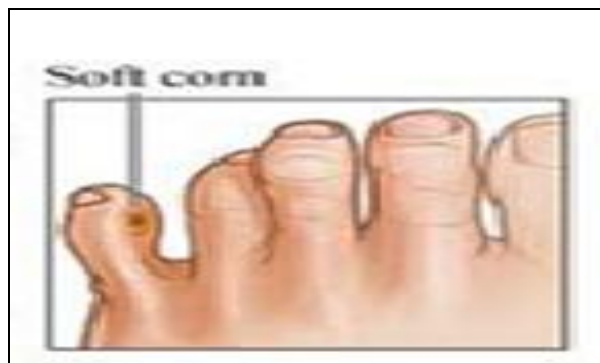


FIG. 3: SOFT CORN

Aetiology: Corns forms due to a combination of friction and pressure against one of the bony prominences of the feet. Inappropriate foot ware is frequently the cause - continue pressure and friction result in hyperkeratolytic (excessive skin growth of keratinized layer) leaving even less space between the shoe and foot and therefore the corn is pressed uneven more firmly against the underlying soft tissue and bone.

Signs and Symptoms for Corn on Foot: You have a corn or callus if you notice: 1. A thick, rough area of skin 2. A hardened, raised bump 3. Tenderness or pain under your skin 4. Flaxy, dry or waxy skin.

Pathogenesis prolonged mechanical stresses during weight bearing are thought to damage skin cells, which releases epithelial growth factors. Increased keratinisation results with increased bulk of stratum corneum. The rapid rate of epithelial transit is insufficient time for keratinocytes to mature and histologically, callus and com shows a number of changes from normal. Presence of nucleus within the keratin squames indicate an incomplete keratinisation know as porokeratosis. There is marked thickening of stratum corneum and the granular layer become disrupted in callus and in corns it disappear completely. The dermal papillae and epid become flattened with those around becoming more elongated. The basal cell exhibit slight hyperplasia. Corns shows additional differences in the ultra structure of the cells e.g. keratin fibril formation.

In the epidermis angiogenesis is present otherwise there is no signs of an inflammatory process. It is thought the changes relate to local biochemical reaction activated by the release of growth factor. Glycoprotein such as chalone for example, has been found in the *Stratum germinitivum* and *Stratum spinosum*. Chalones are tissue specific and thought to control cell mitosis of epithelium, High concentrations of chalone result in low mitotic rate and slow keratinisation and vice-versa. This could explain why some people produce more callus than others i.e. they have present a low concentration of glycoprotein growth factor. Corns appear to have concentrated mass, which is usually referred to as “nucleus”. This gives the wrong impression of the genesis of the hyperkeratosis, as

the skin does not grow from the nucleus but instead the deeper segment represent the site of epidermis, which offers the greatest resistance, from the complex, resultant, twisting forces acting intermittently and externally over the area of corn. Final resistance is offered by the hard structure beneath.

It is assumed the maceration, which appears as milky yellow region under the callus plaque, is caused by trapped water within the side salt linkage of the Keratin molecules. This is thought to be a natural means of floating the heavy mass above. Lesion may be complicated by aseptic and infected inflammation. Springette outline model for the callus formation is shown in table. Pressure on the cutaneous nerve ending with releases of prostaglandin as the part of acute inflammatory response occurs for sensitisation and resultant felling of pain. This is enhanced with the presence acute inflammatory response. Presence of prolong trauma will result in dermal changes starting with dermal protrusion of vascular and neural elements. Chronic inflammation caused by sharing results in deeper fibrosis, which anchors the lesion to the bone beneath; or alternatively, the development of sacs of fluid such as the pseudobursitis¹⁷.

Callus: A clavus is a thickening of the skin due to intermittent pressure and frictional forces. These forces result in hyperkeratosis, clinically and histologically. The extensive thickening of the skin in a clavus may result in chronic pain, particularly in the forefoot; in certain situations, this thickening may result in ulcer formation. The word clavus has many synonyms and innumerable vernacular terms, some of which are listed in the Table below; these terms describe the related activities that have induced clavus formation.

Synonyms for clavus include callosity, a hyperkeratotic response to trauma; corn, heloma, or a circumscribed hyperkeratotic lesion that may be hard (*i.e.* heloma durum) or soft (*i.e.* heloma molle); and callous, callus, or a diffusely hyperkeratotic lesion. Localized callosities of the soles, which do not resolve, are termed plantar callus, heloma, tyloma, keratoma, or plantar corn. When callosities occur over 1 or more lateral metatarsals, they are termed intractable plantar keratoses.

Clinically, all these lesions look like hyperkeratotic or thickened skin. Maceration and secondary fungal or bacterial infections are a common overlying feature in heloma molle and diabetes. Plantar helomas tend to have a central keratin plug, which, when pared, reveal a clear, firm, central core. The most common sites for clavus formation are the feet, specifically the dorsolateral aspect of the fifth toe for heloma durum, in the fourth interdigital web of the foot for heloma molle, and under the metatarsal heads for calluses.

Pathophysiology: The shape of the hands and feet are important in clavus formation. Specifically, the bony prominences of the metacarpophalangeal and metatarsophalangeal joints often are shaped in such a way as to induce overlying skin friction. As clavus formation ensues, friction against the footwear is likely to perpetuate hyperkeratosis. Toe deformity, including contractures and claw, hammer, and mallet-shaped toes, may contribute to pathogenesis. Bunionettes, *i.e.* callosities over the lateral fifth metatarsal head, may be associated neuritic symptoms due to compression of the underlying lateral digital nerves. Furthermore, Morton toe, in which the second toe is longer than the first toe, occurs in 25% of the population; this may be one of the most important pathogenic factors in a callus of the common second metatarsal head, *i.e.* an intractable plantar keratosis. Chronic or repetitive motion may also induce clavus formation, as is seen in computer users and text messengers (*i.e.* "mousing" callus). Callosities can also form from excessive leg crossing.

Medical Care: Treatment of a clavus should be aimed at reducing symptoms such as pain and discomfort with walking. Paring of the lesions immediately reduces pain. Once the etiology of the foot pressure irregularity is determined, attempts at pressure redistribution should be made. The use of orthotics and conservative footwear with extra toe space are often beneficial. When all else fails, surgery may be performed. If abnormal dermatoglyphics or pinpoint bleeding is seen, wart therapy is initiated. If normal dermatoglyphics are noted, salicylic acid compounds and orthotics may be beneficial. Relief of symptoms may be achieved by thinning and cushioning of the involved lesions. Paring of the lesions immediately relieves pain, especially with helomas.

Lesions may be maintained in this state if the patient uses short soaks and pumice stone debridement at home. Debridement may be enhanced with the use of keratolytic agents, such as ureas, alpha-hydroxy acid (e.g. glycolic, malic, or lactic acid), or beta-hydroxy acid (e.g. salicylic acid). Garlic extracts have also been described as being helpful. Self-adhesive pads are most effective for reducing thick lesions, whereas lotions, creams, and medicaments in petrolatum are best for maintenance.

Plants Profile: ^{31, 32, 33, 34}

***Lantana camara*:**



FIG. 4: LANTANA CAMARA

Biological Source: It is dried leaves of plant *Lantana camara* Linn. belonging to the family Verbenaceae. *Lantana camara*, is a species of flowering plant within the verbena family, Verbenaceae.

Synonym: Big-sage (Malaysia), wild-sage, red-sage, white sage Caribbean (South Africa).

Description: *Lantana camara* has small tubular shaped flowers which each have four petals and are arranged in clusters in terminal areas stems. Flowers come in many different colours including red, yellow, white, pink and orange which differ depending on location in inflorescences, age, and maturity. After pollination occurs the colour of the flowers change (typically from yellow to oranges, pinkish, or reddish), this is believed to be a signal to pollinators that the pre-change colour contains a reward as well as being sexually viable, thus increasing pollination efficiency. The leaves are broadly ovate, opposite, and simple and have a strong odour when crushed. The fruit of *L. camara* is a berry-like drupe which turns from green to dark purple when mature.

Parts Used: Flowers and leaves

Distribution: Throughout India.

Chemical Constituents: Flavonoid, glycoside, Polysaccharide, monosaccharide, Alkaloids, Steroids, It also contain Terpenes and Saponin responsible for wound healing activity uses. The essential oil, obtained by hydro-distillation of shade dried leaves of *L. camara*, trans-caryophyllene (13.95%), bicyclogermacrene (9.77%), α -curcumene (8.57%) and D (3.13%) as the most abundant compounds. Monoterpene hydrocarbons, the second major class of compounds constituted 34.14% of the oil with sabinene (8.28%), α -pinene (4.03%) and γ -terpinene (3.83%) as the major components, whereas oxygenated monoterpenes comprised only 18.82%, having (E)-citral (6.90%), (Z)-citral (3.48%) and 1, 8 cineole (5.06%) in appreciable amounts. The remaining chemical constituents were detected in lesser amounts.

Uses: Studies conducted in that *Lantana* leaves can display antimicrobial, fungicidal and insecticidal properties. Use as antiseptic, inflammatory and antibacterial and also practically recovered cut, ulcers and swellings. Oleanolic acid is a chemical component consist of the root of this plant used as oral drugs that can cure human liver disorders such as anti hyperlipidemias and anti tumor promoting agent. The highest percentage of insecticide component in flower help the flower essential oil promotes the *Aedes* mosquito oviposition.

Wound healing activity, anti-inflammatory activity, *Lantana camara* has also been used in traditional herbal medicines for treating variety ailments, including cancer, skinitches, leprosey, rabies, chickenpox, measles, asthma. *Lantana camara* L. used in herbal medicine for the treatment of skin itches, as an antiseptic for wounds, and externally for leprosy and scabies. Major natural products investigated in *Lantana camara* L. belong to the group of triterpinoides.

***Moringa oleifera*:** ³²

Biological Source: *Moringa oleifera* is the most widely cultivated species of the genus *Moringa*, which is the only genus in the family Moringaceae.

Synonym: English common names include: *Moringa*, Drumstick tree, Dorseradish tree, Shevga.



FIG. 5: *MORINGA OLEIFERA*

Description: *M. oleifera* is a fast-growing, deciduous tree. It can reach a height of 10 - 12 m (32 - 40 ft) and the trunk can reach a diameter of 45 cm (1.5 ft). The bark has a whitish-grey colour and is surrounded by thick cork. Young shoots have purplish or greenish-white, hairy bark. The tree has an open crown of drooping, fragile branches and the leaves build up a feathery foliage of tripinnate leaves. The flowers are fragrant and bisexual, surrounded by five unequal, thinly veined, yellowish-white petals. The flowers are about 1.0-1.5 cm (1/2") long and 2.0 cm (3/4") broad. They grow on slender, hairy stalks in spreading or drooping later flower clusters which have a length of 10 - 25 cm. Flowering begins within the first six months after planting. In seasonally cool regions, flowering only occurs once a year between April and June. In more constant seasonal temperatures and with constant rainfall, flowering can happen twice or even all year-round.

Parts Used: Flowers and leaves, flavonoides and other compounds.

Distribution: Throughout India.

Chemical Constituents: *Moringa oleifera* is a medicinal plant widely used in folkloric medicine of Africa and Asia for the treatment of ailments such as ulcer, wound, inflammation, heart problem, cancer, stroke, obesity, anaemia and liver damage. The chemical constituents of the methanolic extract of *Moringa oleifera* leaves and seeds were investigated using gas chromatography-mass spectrometry. Sixteen chemical constituents were identified in the leaf methanolic extract; they are 9-octadecenoic acid (20.89%), L-(+)-ascorbic acid- 2, 6- dihexadecanoate (19.66%), 14- methyl- 8- hexadecenal (8.11%), 4- hydroxyl- 4- methyl-2- pentanone (7.01%), 3- ethyl- 2, 4-dimethyl-pentane

(6.14%), phytol (4.24%), octadecamethyl-cyclononasiloxane (1.23%), 1, 2 benzene dicarboxylic acid (2.46%), 3, 4-epoxy-ethanone comprising (1.78%), N- (-1methylethylidene)-benzene ethanamin main chemical components are pterygospermin, moringine, moringinine spirochin, behenic acid, moringic acid, niazinin A & B, niazimicin, campesterol, stigmasterol, beta sitosterol and amino acids.

Uses: The root bark of the plant contain two alkaloids, viz. moringin, moringinie and pterygospermin. It has anti inflammatory antibacterial and counter irritant action, which helps in wound healing. The leaves of the plant have also been reported for its antitumor, hypotensive, and antioxidant, radioprotective, anti-inflammatory and diuretic properties. It is mainly used for the bowel disorders, including arthritis, atherosclerosis, bladder infections, boils, burns, cancer, chronic fatigue syndrome, circulatory weakness, cold, congestion, constipation, diabetes, eye inflammations, fever, fractures, gastric ulcers, gingivitis, headaches, heart diseases, hypertension, immune weakness, indigestion, intestinal parasites, kidney disease, malaria, menstrual cramps, mouth sores, respiratory disorders, ringworms, sinusitis, sprains, stroke, skin inflammation and wounds. The aqueous extract was studied and it was found that there was significant increase in wound closure rate, skin breaking strength, granuloma breaking strength, hydroxyproline content, granuloma dry weight and decrease in scar area was observed.

***Tecoma capensis*:** ³³



FIG. 6: *TECOMA CAPENSIS*

Biological Source: It is a fresh leaves of plant *Tecoma capensis* Thunb. is a species of flowering plant in the family Bignoniaceae, native to

Southern Africa. Despite its common name, it is not closely related to the true honeysuckle.

Synonyms: *Bignonia capensis*, *Tecomaria capensis* and *Tecoma petersii* Cape honey suckle.

Description: An erect, scrambling shrub, it grows to 2 - 3 m (7 - 10 ft) in height and a similar width. Normally evergreen, it may lose its leaves in colder climates. In certain habitats it may scramble, meaning that it shoots out long growth tips which lean on the stems and branches of other plants, as well as boulders, trellises, fences and walls; this can lead to the plant appearing untidy. The leaves are up to 15 cm (6 in) long. They are opposite, slightly serrated, green to dark-green, and pinnate with 5 to 9 oblong leaflets.

The flowers are tubular, narrow, about 7.5 cm (3 in) long, and are produced at different times throughout the year. They are grouped in 10 - 15 cm (4 - 6 in) long terminal clusters. The flower colour ranges from orange to orange-red to apricot.

Parts Used: Flowers and leaves.

Distribution: Throughout India.

Chemical Constituents: The *Tecoma capensis*, presence of sterols, flavonoids, terpenes, tannins, resins, carbohydrates and phenolic nucleus in all the species whereas, Phlobatanins and alkaloids remained absent in all the species. *T. capensis* and chloroform extract of *T. rosea*. Past studies proved that anti-dysenteric and anti-diarrhoeal properties of medicinal plants have been due to the presence of alkaloids, flavonoids and saponins. Saponins were present in at least one extract of all tested flowers. Saponins have been responsible for the antioxidant activities. Phenolic compounds, steroids and glycosides were noticed in the tested flowers of Bignoniaceae. Tannins have been widely used in the treatment of sprains, bruises and superficial wounds. Phytochemicals like flavonoids and phenolic compounds commonly found in plants have been reported to have multiple biological effects, including antioxidant activities.

Uses: The ethanolic extract of *Tecomaria capensis* were screened anti-inflammatory antiulcer, analgesic activity. The plant is used as a traditional medicine to relieve pain and sleeplessness. Dried

and powdered bark infusions are taken for sleeplessness. It is included in the list of African plants evaluated for *in vitro* antiplasmodial activity against *Plasmodium falciparum*. Previously methanol extract of *Tecomaria capensis* leaves reported as antimicrobial and antioxidant. *Tecomaria capensis* known to promote the wound healing process mainly due to their astringent, antimicrobial and free radical scavenging activities *Tecomaria capensis* significantly stimulated wound contraction. The breaking strength of the treated incision wounds increased in *Tecomaria capensis* extract when treated groups compared with the control group. These findings support wound healing activity of this plant.

***Barleria prionitis*:**³⁴



FIG. 7: BARLERIA PRIONITIS

Biological Source: It is a fresh leaves of plant *Barleria prionitis*, is a species of plants belonging to the family Acanthaceae.

Synonym: *Barleria prionitis*, Sanskrit kuranta; Marathi Vjradanti.

Parts of Plant Use: Leaves.

Distribution: Throughout India.

Description: Porcupine flower is an erect, prickly shrub, usually single-stemmed, growing to about 1.5 m tall. The stems and branches are stiff and smooth and light brown to light grey in colour. The leaves are up to 100 mm long and 40 mm wide, and oval-shaped though narrow at both ends (ellipsoid). The base of the leaves is protected by three to five sharp, pale coloured spines, 1020 mm long. The yellow-orange tubular flowers are found bunched tightly together at the top of the plant, but they also occur singly at the base of leaves. The flowers are

40 mm long and tubular, with several long protruding stamens. The seed capsule is oval-shaped and 13 - 20 mm long, with a sharp pointed beak. It contains two fairly large, flat seeds, typically 8 mm long by 5 mm wide, covered with matted hairs. Barleria has a central tap root, with lateral roots branching off in all direction.

Chemical Constituents: *Barleria prionitis* is often the host to larvae of the *Phalanta phalantha* and *Junonia lemonias* butterflies. Its leaves are known to contain 6-Hydroxyflavone, one of the chemical compounds that is a noncompetitive inhibitor of the protein cytochrome. From the aerial parts of *Barleria prionitis*, one new phenylethanoid glycoside, barlerinoside along with six known iridoid glycosides, shanzhiside methyl ester, 6-O-trans-p-coumaroyl- 8-O- acetylshanzhiside methyl ester, barlerin, acetylbarlerin, 7-methoxydi-derroside, and lupulinoside were isolated.

Uses: It has numerous medicinal properties including treating fever, respiratory diseases, toothache, joint pains and a variety of other ailments; and it has several cosmetic uses. A mouthwash made from root tissue is used to relieve toothache and treat bleeding gums.

For example, the leaves are used to promote healing of wounds and to relieve joint pains and toothache. Because of its antiseptic properties, extracts of the plant are incorporated into herbal cosmetics and hair products to promote skin and scalp health. Antioxidant activity reduce blood glucose level antiseptic.

Aim and Objectives: Aim of present study is to develop effective herbal formulation for treatment of corn.

- To procure plants, *Lantana camara*, *Moringa oleifera*, *Tecomaria capensis*, *Barleria prionitis*.
- To collect and identify plants.
- To develop formulation drug delivery system e.g. gel, ointment.
- To evaluate formulation e.g. gel, ointment.

Plan of Work:

Phase I: Literature survey selection of plants, collection of plant materials and its authentication

Phase II: Preliminary physicochemical and phytochemical screening, extraction/fractionation.

Phase III: Development of formulation, pharmaceutical evaluation of formulation.

Plant Collection, Authentication and Extraction:

- The leaves of plant *Lantana camara*, were collected from the local house hold garden of Amravati city.
- The leaves of plant *Moringa oleifera*, were collected from local house hold garden of Amravati city.
- The leaves of plant *Tecomaria capensis*, were collected from Amravati local Area. The leaves *Barleria prionitis*, were collected from V.M.V. College, Amravati.
- Dr. S. N. Malode, P.G. Department of Botany Government, Vidarbha Institute of Science and Humanities Amravati, have done authentication.
- Plant leaves drying and size reduction.

Extraction:



FIG. 8: WATER EXTRACTION

MATERIALS AND METHODS: Take Fresh leaves of plants, *Lantana camara*, *Moringa oleifera*, *Tecomaria capensis*, *Barleria prionitis*, reduction of size in equal parts. Take distilled water add in to the RBF with raw material keep ready for aqueous extraction 100 gm material for 3 hr process and then cool RBF filter it ready for formulation.

TABLE 1: PRELIMINARY PHYTOCHEMICAL SCREENING OF WATER EXTRACT OF *LANTANA CAMARA*, *MORINGA OLEIFERA*, *TECOMARIA CAPENSIS*, *BARLERIA PRIONITIS*

S. no.	Plants	LC	MO	TC	BP
	Extract	Water	Water	Water	Water
1	Carbohydrates	+	-	+	+
2	Protein	-	-	+	-
3	Flavonoids	+	+	-	+
4	Steroids	+	+	+	+
5	Alkaloids	+	-	+	-
6	Glycosides	+	+	-	-
7	Tannins	+	+	-	+
8	Resin	+	+	+	+

LC: *Lantana camara*, MO: *Moringa oleifera*, TC: *Tecomaria capensis*, BP: *Barleria prionitis*

TABLE 2: TEST FOR INORGANIC ELEMENTS

S. no.	Test for Inorganic Elements	Inference
1	Calcium	-
2	Magnesium	+
3	Sodium	-
4	Potassium	-
5	Iron	+
6	Sulphate	+
7	Phosphate	-
8	Chloride	-
9	Carbonate	+
10	Nitrates	+
11	Zinc	+
12	Aluminium	-

(+Presence, -absence)

Development of Herbal Formulation: Ointments of various concentrations and combinations were prepared as below.

Plant water Extract: *Lantana camara*, *Moringa oleifera*, *Tecomaria capensis*, *Barleria prionitis*.

Excipients: Penetrating enhancer; Alcohol, Menthol.

Base: Emulsifying ointment (B.P. 1993)
Emulsifying wax Hard Paraffin, Liquid paraffin

Preservative: Propyl paraben - Salicylic acid-keratolytic agent Betamethasone - helps wound healing.

Formulation of Ointment: Weighed quantity of emulsifying ointment is taken in a tared vessel along with betamethasone salicylic acid and propyl paraben and heated until the ointment melts. Extracts of plants *Lantana camara* (water extract), *Moringa oleifera* (water extract), *Tecomaria capensis* (water extract), *Barleria prionitis* (water extract) were dispersed in water in separate container. Required quantity of menthol and alcohol is also added. This aqueous mixture is

heated to the same temperature as that of emulsifying ointment. The aqueous phase is then added to the oily phase, in hot condition and the mixture is stirred until a cream consistency is obtained.

Evaluation of Formulation:

Physicochemical Parameters: All the formulation herbal ointment for corn caps were tested for the following parameters such as appearance, colour, homogeneity, by usual inspections. The results are shown in **Table 3**.

Spreadability:⁴⁹

Method: Two glass slides of standard dimension (20 cm × 5 cm) were selected. The formulation was placed over one of the slides. The other slides was placed on the top of the ointment such that the formulation is sandwiched between the two slides in an area occupied by a distance of 6.0 cm, alongside 100 gm weight was placed uniformly to form a thin layer. The weight was removed and the excess of ointment adhering to the slides was scrapped off. The two slides in position were fixed to a stand (45° angle) without slightest disturbance and in such a way that only the lower slides was

held firmly by the opposite fangs of the clamps allowing the upper slides to slip off freely by the force of weight tied to it. 20 grams of weight was tied to the upper slide carefully. The time taken for the upper slide to travel the distance of 5 cm and separate away from the lower slides under the direction of weight was noted. The experiment of repeated and the mean time taken for three such dimensions was calculated. The results were recorded.



FIG. 9: SPREADABILITY APPARATUS

The spreadibility is calculated by using formula

$$S = M \times L / T$$

Where S = Spreadibility

L = Length of glass slide

M = Weight tied to upper slide

T = time

Test for Thermal Stability:⁴⁹ In this test the oil separation from the ointment were tested at 60 - 70% RH and 37 ± 1 °C in humidity chamber.

Procedure: In this a 20 mm broad and 5 mm stripe of ointment were spread on the internal wall of the beaker of 100 ml capacity, in its total heights. Kept the beaker for 8 hrs in humidity chamber at 60-70 % RH and temperature of 37 ± 1 °C. To pass the test there should not be any oil separation in the cream. The results are shown in **Table 8**.

Determination of pH:⁴⁹ Hair dye might have wide variety of pH mostly ranging from 5 - 9. The ointment in general has a pH between 6 - 9. Hazelton reported that there is little correlation between pH and irritancy. Harry's pointed out that it may be difficult to obtain accurate pH reading even with glass electrode. The electrode must be

washed free from any residue of acid and alkali to ensure the accurate reading.

Apparatus Used: pH meter (digital model -111E).

Test Procedure: All the formulations under test were oil in water semisolid emulsions. As pH of the creams not to be directly measured, here 10% dilutions were made were with distilled water and the resulting pH mixture was determined with a pH meter. The results are shown in **Table 5**.

Determination of Total Fatty Substance:

Principle of the Method: The emulsion is broken with dilute mineral acid and the fatty matter was extracted with petroleum ether. It is weighted after removal of the solvent.

Reagents: Dilute hydrochloric acid - 1:1 (%) ethyl ether. Methyl orange indicator solution - dissolve 0 - 1 gm of methyl orange in 100 ml water. Sodium sulphate I desiccated,

Procedure: 2 gm of accurately weighted material was taken into conical flask, then 25 ml of dilute hydrochloric acid was added and the flask was fitted into reflux condenser, it was boiled until the oil and water phases are separated Then contents of the flask were poured into 300 ml separating funnel and allowed cool to 20 °C. The conical flask was rinsed with 50 ml of diethyl ether in portion °M 0 ml. Then poured into separating funnel, the funnel was shaken and left separating the layers. Aqueous phase was separated and shaken with N portion of ether twice. Then it was combined and washed them with H & r until free of acids (when tested with methyl orange indicator solution). Ether extracts was filtered through a filter paper containing sodium sulphate to conical flask which was previously dried at a temperature of 60 ± 2 °C and weighed. The sodium sulphate was washed on filter paper with ether and the washing was combined with filtrate. The ether was distilled and the remaining material in the flask was dried at temperature of 60 ± 2 °C to constant mass. Calculation

$$\text{Total fatty substance, \% by mass} = 100 \times M1$$

Where,

M1 = mass in gm of the residue and

M2 = mass in gm of the material taken for test.

The results are shown in **Table 9**.

Test for Rancidity: This test was performed by using the Phloroglucinol solution. The rancidity is due to the oxidation of the fats and oils; during oxidation free fatty acids are liberated. These free fatty acids react with the Phloroglucinol of I solution and give pink colour. This indicates rancidity of the product. Procedure 10 ml of melted ointment was taken then added 10ml of concentrated I hydrochloric acid and 10 ml of Phloroglucinol solution. Shaken for one minute. The material shall be taken to have passed the test if no pink colour developed. The results are shown in **Table 6**.

Determination of Viscosity: Viscosity is the most important parameter in the evaluation of the I ointment. Viscosity governs the many properties of the product such as K spreadibility, pourability of the product from the container etc. As the viscosity I is affected by many factors such as change in temperature, manufacturing I condition, quality of raw materials etc. It is very important to measure the I viscosity of the cosmetic product. Viscosity was measured by Brookfield H viscometer.

Procedure: The correct spindle was selected (spindle No. 4) for the given product I the operating condition was setup. Then the viscosity was measured directly at 30-rpm speed by keeping the torque constant. The mean was obtained. (By using

Brookfield viscometer). The results are shown in **Table 7**.

Stability Study:^{34, 35, 36} Stability may be defined as the ability of drug to retain its properties within specified limits throughout its shelf-life improper storage of cosmetic product can lead to their physical deterioration and chemical degradation resulting in reduced activity and occasionally leads to the formation of toxic degradation product. So stability studies are carried out for each product. The present stability studies are carried out according to lines given by International council of harmonization (ICH guidelines) accelerated stability testing particular temperature is obtained a plot of $108 \log k$ versus $1/t$ gives straight line from which the value of rate and constant at room temperature (25 °C) is determined by extrapolation. Once K value is determined it can be used to estimate the time (shelf life) for 10% degradation ($t_{10\%}$) at 25 °C with the help of following equation for first order reaction. $T_{10} = 0.104/k_{25}$

Procedure: The formulated ointment were kept for accelerated stability studies to observe the effect of temperature on pH (digital pH meter) and viscosity (Brookfield viscometer, by using spindle no. 4 and at 30rpm speed) of the creams. The formulations were kept at 4 °C, room temperature and 45 °C for one month. After every ten days they were tested for pH, viscosity and effect of colour on hair strands. The results are shown in **Table 10**.

RESULTS AND DISCUSSION:

TABLE 3: PHYSICOCHEMICAL PARAMETERS

Formulation	Appearance	Colour	Homogeneity
1	Cream like	Brown	Homogeneous
2	Cream like	Brown	Homogeneous
3	Cream like	Light Brown	Homogeneous

TABLE 4: DETERMINATION OF SPREADABILITY

Formulations	Time in Second			Mean Time	Spreadability gm, cm / sec
	I	II	III		
Formulation 1	8	8	8	08	12.5
Formulation 2	10	9	9	9.33	10.75
Formulation 3	10	9	8	09	11.11

TABLE 5: DETERMINATION OF pH

S. no	Formulations	pH
1	I	5.8
2	II	6.9
3	III	6.5

TABLE 6: TEST FOR RANCIDITY

Formulations	Results
I	No Rancid
II	Rancid
III	No Rancid
IV	No Rancid

TABLE 7: DETERMINATION OF VISCOSITY

S. no.	Formulations	Viscosity (Centipose)
1	I	7000
2	II	6400
3	III	8200

TABLE 8: THERMAL STABILITY

S. no.	Formulations	Results
1	I	No Separation
2	II	No Separation
3	III	Slight separation

TABLE 9: DETERMINATION OF TOTAL FATTY MATERIAL

S. no.	Formulations	% Fatty Content
1	Formulation I	10%
2	Formulation II	10.5%
3	Formulation III	12.5%

Stability Study:**Effect of Temperature on the Viscosity (cps):****TABLE 10: FORMULATION 1**

Days	Temperature (°C)		
	4 °C	Room Temperature (25 ± 2 °C)	45 °C
0	6000	6000	6000cps
10	6000	5800	5800cps
20	5800	5800	5600cps
30	5800	5600	5400cps

TABLE 11: FORMULATION 2

Days	Temperature (°C)		
	4 °C	Room Temperature (25 ± 2 °C)	45 °C
0	7400	7400	7400cps
10	7200	7200	7200cps
20	7000	6800	6600cps
30	7000	6400	6400cps

TABLE 12: FORMULATION 3

Days	Temperature (°C)		
	4 °C	Room Temperature (25 ± 2 °C)	45 °C
0	8400	8200	8200cps
10	8200	8000	7800cps
20	7800	7400	7400cps
30	7600	7000	7000cps

SUMMARY AND CONCLUSION: Corn and associated risk is very common skin problem among Worldwide population very few formulations are available in market. Present research is undertaken to develop corn treating formulation by using natural keratolytic property

having plant parts. Selected plant collected from local Amravati region, identified and authenticated from competent botanist. Preliminary Phytochemical screening showed presence of keratolytic phytochemical like alkaloids steroids, tannins. Aqueous extracts were

prepared of each plant part, four different batches of ointments with varying composition of plant extracts and other necessary ingredients. Ointment form of delivery preferred due to long term contact with corn and water resistant capacity. Developed batches evaluated for various pharmaceutical parameters like physicochemical parameters, phytochemical study, spreadability, total fatty substances, test for rancidity, test for thermal stability, determination of pH, determination of viscosity, stability study, subjective property. It is observed that F-III showed promising results in pharmaceutical evaluation. Finally it is concluded that F-III ointment comprising *Lantana camara* (5%) *Moringa oleifera* (5%) *Tecomaria capensis* (5%) *Barleria prionitis* (5%) will be useful herbal.

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