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EVALUATION OF THE ANTIOXIDANT AND ANTI-PROLIFERATIVE CHEMICAL CONSTITUENTS OF *HYPTIS PECTINATA* (LINN.) AERIAL INFUSION

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ABSTRACT: Objective: To evaluate the chemical composition, antioxidant and anti-proliferative activities of *Hyptis pectinata* aerial part aqueous extract (HYP). **Method:** Chemical profiling using high performance liquid chromatography with UV diode array detector (HPLC-UV-DAD), *in-vitro* antioxidant and anti-proliferative studies were done. Antioxidant and antiradical activities of HYP was investigated using 3-(4,5-dimethylthiazole-2-yl)-2,5-diphenyltetrazolium bromide (MTT) and DPPH radical scavenging assay. **Result:** The present study revealed the several metabolites. HPLC analysis gave caffeic acid (13.92%), rutin (7.89%) and ferulic acid (5.44%) as some of the bioactive constituents. HYP showed antioxidant activity in both the DPPH and MTT assay. HYP exhibited antioxidant activity against DPPH and MTT from the first dilution at 10 mg/ml up to the ninth dilution at 0.08 mg/ml in a 2-fold dilution signifying presence of antioxidant compounds at those concentrations. At 1 mg/ml to 32 mg/ml, HYP dose-dependently and significantly ($P < 0.001$) inhibited *Sorghum bicolor* seed radicle growth over a period of 24-72 h compared to the negative control. **Conclusion:** *Hyptis pectinata* aerial part aqueous extract (HYP) possessed antioxidant and anti-proliferative activities, hence providing preliminary evidence for its use to treat cancer.

INTRODUCTION: Medicinal plant has been discovered to play an important role in health care. Towards the end of the twentieth century, the World Health Organization (WHO) estimated that an impressive 80 % of the world's population rely on natural medicines, with plant-derived medicines as the main component¹. Cancer generally refers to a group of diseases that cause cells in the body to change and grow out of control.

Incidence of cancer is on the increase worldwide, with estimated 14.1 million new cancer cases in 2012. Recent report shows that cancer has claimed over nine million lives in 2015². Cancer is a complex multifactorial cell disease characterized by abnormal cellular proliferation³.

In order to develop new anticancer drugs, different plants are being screened based on their ethno-medicinal uses. Many diseases such as cancer, diabetes, arteriosclerosis, inflammatory disease, auto-immunity, cardiovascular disease and Alzheimer's have been associated with increase of reactive oxygen species (ROS). Antioxidants are important substances that have the ability to protect the organism from the damage caused by oxidative

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stress. As a result, there is a keen interest in the use of natural antioxidants from medicinal plants that may help an organism to keep the normal balance of ROS⁴.

The Lamiaceae family comprises of 250 genus and approximately 6970 species. The members of the family are spread all over the world, especially in the tropic and subtropical regions. The family grows abundantly in the Mediterranean areas, where it is possible to find the vast majority of the genus species. Many species of the Lamiaceae family are used in food due to the flavour and taste. Besides that, the members of the family are good source of aromatic essential oils as well as ornamental plants⁵.

Hyptis pectinata belongs to the family Lamiaceae. It is a perennial, erect aromatic herb to small shrub up to 4 m high with distinct, 4-angled stems. Leaves are opposite, petiolate, the blade ovate to nearly triangular with serrate margins, pubescent, 1.5 to 7 cm long, 1 to 2.5 cm wide. Flowers small, strongly zygomorphic, white or pink tinged, borne in dense cyme-like clusters arising from spike-like inflorescences 30-60 cm long. Fruit is nutlet⁶. Stems woody at the base, much branched, pubescent, 4-angled.

In Taiwan, it occurs at lowlands in the eastern part. The seeds are oval, dark brown to black in color. It is seen along roadsides or waste places, and associated with other obnoxious weeds such as *Conyza Canadensis* (L.) Cronq. var. *canadensis*, *Biden spilosa* L. var. *radiata* Schultz-Bip., *Ipomoea triloba* L., *Chloris barbata* Sw. and *Chamaesycehirta* (L.) Mill. This herb can be distinguished from its similar species, *Hyptis suaveolens* (Linn.) Poit, by its comb-shaped cymes, pink or whitish violet flowers and smaller calyx with white trichomes between bristly calyx-lobes⁷.

Hyptis pectinata L. Poit, known as ‘sambacaitá’ in Brazil is used to treat inflammatory and painful disorders. The leaf has been reported to possess antioxidant properties⁸. *Hyptis pectinata* (L.) Poit is a widely distributed species in Nigeria, with local names as “Kimbar awaaki” (Hausa), ”Jogbo or Alatoriyo” (Yoruba) and ”Idumuje” (Igbo). The leaves are used as tea, for the treatment of inflammatory conditions, malaria, infections and cancer. The leaves and bark are used as an infusion

for the treatment of throat and skin inflammations, bacterial infections, pain, fungal infections and cancer. The leaves of the plant are edible which can be served as food^{9, 10, 11}. *Hyptis* species are aromatic plants with the presence of biologically active substances such as antimicrobial, antifungal, anti-HIV, analgesic, anti-inflammatory activities, antioxidant activity, molluscicidal, haemostatic, anti-ulcer, cytotoxicity and insecticide properties¹²⁻²³.

Anti-oxidants are important due to their ability to scavenge free radicals such as reactive oxygen species (ROS), which are known to cause damage to cells at molecular level. Oxidative stress is implicated in various diseases related to degenerative disorders, arthritis, diabetes, cancer and immune system decline. Antioxidant compounds play a crucial role in the treatment of these diseases by acting to reduce oxidative stress and thus decreasing the extent of oxidative damage. There is a global demand for antioxidants from natural sources such as plants²⁴.

The aim of this study is to evaluate the phytochemical, antioxidant and anti-proliferative properties of the aerial part aqueous extract of *Hyptis pectinata* (L.) growing in Northern Nigeria.

MATERIALS AND METHODS:

Chemicals and Reagents: Unless otherwise stated, all chemicals and reagents were of analytical grade and purchased from Sigma Aldrich (Germany). All the solvents for chromatographic purpose were HPLC grade, purchased from Sigma Germany.

Collection of Plant Material: The plant material was collected by Mr. Muazzam Ibrahim from Suleja, Niger State and identified and authenticated by Mr. Lateef of NIPRD Abuja.

Plant Preparation and Extraction: The plant sample was powdered using mortar and pestle. Hot water extract of *Hyptis pectinata* was prepared as described²⁵, with some modifications. Briefly 100 g of powdered dried plant material was stirred into 2 Litres of boiling water. This is more or less the equivalent of a teaspoon full in a cup of boiling water. It was decided on this method of preparation as it is mostly used as infusion by traditional healers. This mixture was left to cool and stand overnight at room temperature, after which it was filtered and concentrated to dryness. This method

gave a yield of 3.25 g (3.25 % w/v). The dried extracts were used immediately for analysis.

Experimental Plant: The experimental plant, *Sorghum bicolor* (Guinea corn) seeds was purchased from Dumez small market, Niger State and identified and authenticated by Mr. Muazzam Ibrahim of NIPRD Abuja. The seed viability test was performed by placing the seeds inside a beaker containing water. The seeds that floated were discarded while the totally submerged seeds were cleansed with methylated spirit, dried and used for the study.

Phytochemical Analysis: The aqueous extract of *Hyptis pectinata* aerial part was analysed for the presence of alkaloids, anthraquinones, tannins, phlobatannins, saponins, flavonoids, terpenes, steroids and cardiac glycosides using previously described methods²⁶.

High Performance Liquid Chromatography (HPLC) Analysis: The chromatographic system includes Shimadzu HPLC system consisting of Ultra- Fast LC-20AB prominence, equipped with SIL- 20AC autosampler; DGU-20A3 degasser; SPD-M20A UV diode array detector (UV-DAD); column oven CTO-20AC, system controller CBM-20 Alite and Windows LC solution software (Shimadzu Corporation, Kyoto Japan); column, VP-ODS 5 μ m and dimensions (150 x 4.6 mm). The chromatographic conditions included mobile phase solvent A: 0.2% v/v formic acid and solvent B: acetonitrile; mode: isocratic; flow rate 0.6 ml/min; injection volume 20 μ l of 20 mg/ml solution of HYP in water; detection was at UV 254 nm wavelength. Reference standards, rutin, quercetin, caffeic acid, ferulic acid and apigenin (Fluka, Germany) 50 μ g/ml in methanol were analysed separately under the same condition as the extract (HYP). The HPLC operating conditions were programmed to give the following: solvent B: 20% and column oven temperature 40°C. The total run time was 40 minutes².

Antioxidant Assay: The method of Muraina *et al.*, 2009²⁷ was used with some modifications. To evaluate the DPPH radical scavenging activity of the extract, ten microlitre of 10 mg/ml of HYP in methanol was spotted on TLC plate and eluted in a polar solvent comprising the mixture of ethyl acetate and methanol in the ratio of 3:2.

The developed plate was dried and immediately sprayed with 0.05 % DPPH reagent in methanol and left at room temperature for 30 min. The DPPH test is based on the ability of the extracts to donate radical hydrogen to scavenge the stable DPPH radical. When this radical reacts with the anti-oxidant compound, it is reduced with the loss of the deep violet colour to light-yellow. Anti-oxidant compounds of HYP bleached the purple colour of DPPH reagent, thereby appeared as yellow spots (**Fig. 2**). The yellow spots were evaluated as positive antioxidant activity²⁸.

A two-fold dilution of 20 mg/ml of extract with 50 μ l of distilled water in a 96-well micro-dilution plate was performed. Thereafter, 50 μ l of 0.2 mg/ml of 3-(4,5-dimethylthiazole-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) was added to every well and the plate was incubated at 37 °C after which the result was read. Distilled water was used as negative control and ascorbic acid was used as standard drug. Formation of bluish colouration or precipitate was indicative of antioxidant activity. The lowest concentration of the sample at which the presence of antioxidant activity is detected, was recorded as the minimum inhibitory concentration (MIC). The experiment was done in triplicate.

Determination of Growth Inhibitory Effects: The modified methods of Ayinde *et al.*,²⁹ and Chinedu *et al.*,³⁰ were used for this study. HYP (3.2 g) was dissolved in 100 ml of distilled water to obtain 32 mg/ml stock solution. Various concentrations (1 mg/ml, 2 mg/ml, 4 mg/ml, 8 mg/ml, 16 mg/ml and 32 mg/ml) of HYP were prepared. Methotrexate used as standard drug at concentration of 0.05 mg/ml. Petri dishes were layered with cotton wool and filter paper (Whatman No. 1). The filter paper was divided into 24 sections in a dart fashion.

Twenty four (24) seeds of *S. bicolor* were placed in separate sample bottle for pre-treatment. The control seeds were treated with 15 ml distilled water. The test seeds were treated with the different concentrations of HYP as the seeds in each specific bottle received 15 ml of a particular concentration. Duration of pre-treatment in the sample bottle was 24 h. The seeds were then arranged in the specified Petri dish, incubated in a dark cupboard at ambient temperature and observed for growth after 24 h.

The mean lengths (mm) of radicle emerging from the seeds were measured after 24, 48 and 72h. The percentage growth inhibition was calculated as $[(\text{mean radicle length control} - \text{mean radicle length treated}) / \text{mean radicle length control}] \times 100$. Percentage growth was calculated as $100 - \%$ inhibition. The experiment was performed in duplicate.

Statistical Analysis: The data obtained were expressed as mean \pm standard error mean and analyzed using Graph pad prism (version 7). Two way analysis of variance (ANOVA) was used ($P < 0.001$).

RESULTS AND DISCUSSION: *Hyptis pectinata* is widely used in tropical countries due to its flavour and medicinal properties. The results (Table 1) demonstrate that *H. pectinata* possessed significant cytotoxic and growth inhibitory activities at the concentrations investigated compared to water as negative control ($p < 0.0001$).

Phytochemical Analysis: Qualitative analysis of the aqueous extracts of *Hyptis pectinata* indicated the presence of phytoconstituents like saponins, tannins, flavonoids, terpenes, sterols and essential oils. Previous studies reported that flavonoids, saponins, terpenes, sterols and essential oil were the major phytochemical compounds present in *Hyptis pectinata*³¹.

High Performance Liquid Chromatography (HPLC) Analysis: From the HPLC spectrum (Fig. 1) a total of sixteen peaks were detected with retention times of 2.775, 3.089, 3.359, 3.599, 4.139, 4.965, 5.561, 6.822, 7.830, 8.367, 8.996, 10.938, 12.538, 13.376, 17.459 and 25.990 minutes. Caffeic acid (13.92%), rutin (7.98%) and ferulic acid (5.44%) appeared at retention times of 4.965, 6.822, 7.830 and 25.990 minutes respectively. Percentage composition of constituent was calculated based on area under the curve (AUC). Detection was at UV 254 nm.

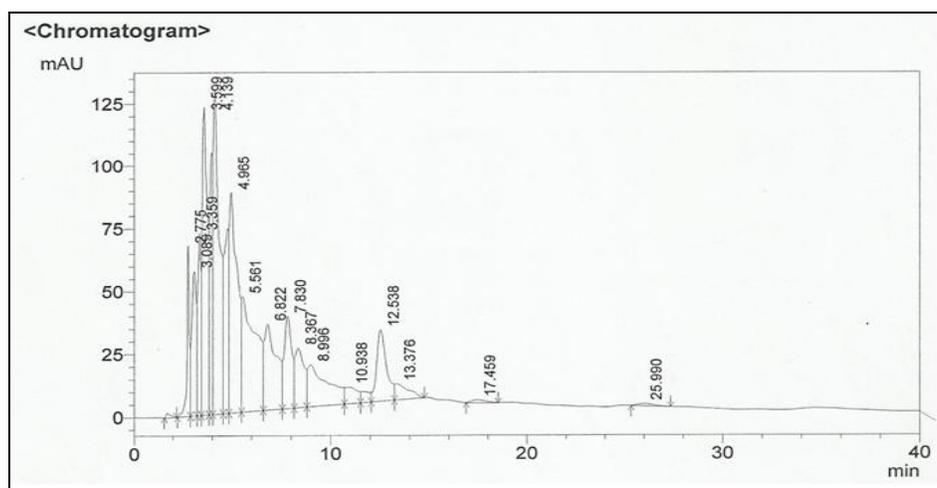


FIG. 1: HPLC SPECTRUM OF AERIAL PART AQUEOUS EXTRACT OF *HYPTIS PECTINATA* (HYP).

Sixteen peaks were detected from the HPLC spectrum. Caffeic acid (13.92%), rutin (7.98%) and ferulic acid (5.44%) appeared at retention times of 4.965, 6.822 and 7.830 minutes respectively.

Antioxidant Activity: The aqueous extract of *Hyptis pectinata* aerial part (HYP) gave antioxidant activity with both DPPH and MTT. The antioxidant activity of HYP was performed employing 3-(4,5-di-methyl thiazole-2-yl)-2,5-di-phenyl tetrazolium bromide (MTT) and 96-well microdilution technique. Concentration of the extract ranged from 10 mg/ml to 0.01 mg/ml and the concentration of the reference ascorbic acid ranged from 0.1 mg/ml to 0.0001 mg/ml. The bluish coloration formed due to antioxidant activity of HYP was observed from the first dilution at 10 mg/ml up to the ninth dilution at

0.08 mg/ml in a 2-fold dilutions signifying presence of antioxidant compounds at those concentrations. The ascorbic acid was active from 0.1 mg/ml to 0.013 mg/ml. Therefore, the antioxidant properties of *H. pectinata* could play a useful role in food preservation and also in the prevention of oxidative damage associated with many diseases. The caffeic acid, rutin and ferulic acid content may have contributed to the observed antioxidant activity of *H. pectinata* since caffeic acid, rutin and ferulic acid have been reported to possess antioxidant property³²⁻³⁵.



FIG. 2: THIN LAYER CHROMATOGRAM OF AERIAL PART AQUEOUS EXTRACT OF *HYPTIS PECTINATA* (HYP) ON SPRAYING WITH 0.05% DPPH

3 is gallic acid, 4 is betulinic acid, 5 is HYP dissolved in methanol, 6 is caffeic acid dissolved in ethanol, 7 is quercetin, 8 is ferulic acid dissolved in methanol, 9 is rutin. DPPH gave purple coloured background of the TLC, the light-yellow spots bleached the DPPH as evidence of their antioxidant action.

Growth Inhibitory Effects of *Hyptis pectinata* on *Sorghum bicolor* Seeds: As a preliminary anticancer screening, the radicle lengths of fast growing seeds such as *Sorghum bicolor* has been utilized for the testing of suspected anticancer agents. Generally, cancer cells have a characteristic of fast proliferation, and this is also the case with meristematic cells of *Sorghum bicolor* seeds when exposed to favourable conditions ².

That was the justification for the use of the method for this study. As shown in **Fig. 2**, there was a dose-related reduction in the length of radicle of *Sorghum bicolor* seeds treated with the various concentration of *H. pectinata* extract compared to the distilled water used as control at 24 - 72 h. A rapid and progressive growth was observed in the water control seed radicle lengths.

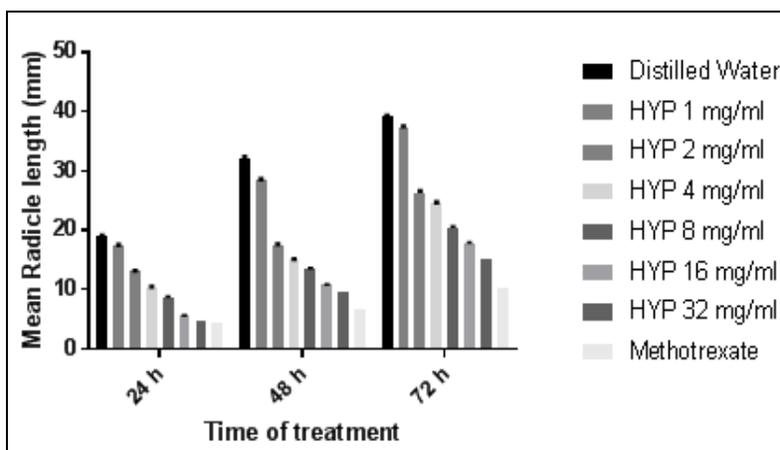


FIG. 3: INHIBITORY EFFECTS OF *HYPTIS PECTINATA* ARIAL AQUEOUS EXTRACT (HYP) ON THE GROWTH OF *SORGHUM BICOLOR* SEED RADICLE

TABLE 1: MEAN RADICLE LENGTH, PERCENTAGE INHIBITION AND PERCENTAGE GROWTH FOR SORGHUM BICOLOR SEEDS TREATED HYPTIS PECTINATA ARIAL AQUEOUS EXTRACT HYP

Treatment	Mean radicle length (mm)			Percentage inhibition*			Percentage growth†		
	24 h	48 h	72 h	24 h	48 h	72 h	24 h	48 h	72 h
Control (H ₂ O)	19 ± 19	32.05 ± 0.45	39.2 ± 0.23	0	0	0	100	100	100
Methotrexate	4.45 ± 0.21	6.75 ± 0.15	10.08 ± 0.09	76.58	78.94	74.29	23.42	21.06	25.71
HYP (1 mg/ml)	17.3 ± 0.28	28.48 ± 0.15	37.43 ± 0.19	8.95	11.14	4.52	91.05	88.86	95.48
HYP (2 mg/ml)	13 ± 0.17	17.45 ± 0.27	26.33 ± 0.39	31.58	45.55	32.83	68.42	54.45	67.17
HYP (4 mg/ml)	10.3 ± 0.17	15.05 ± 0.11	24.55 ± 0.18	45.79	53.04	37.37	54.21	46.96	62.63
HYP (8 mg/ml)	8.68 ± 0.09	13.48 ± 0.16	20.45 ± 0.21	54.32	57.94	47.83	45.68	42.06	52.17
HYP (16 mg/ml)	5.5 ± 0.19	10.78 ± 0.13	17.85 ± 0.13	71.05	66.37	54.46	28.95	33.63	45.54
HYP (32 mg/ml)	4.53 ± 0.17	9.6 ± 0.15	10.08 ± 0.20	76.16	70.05	74.29	23.84	29.95	25.71

*Percentage inhibition was calculated as [(mean radicle length control-mean radicle length treated)/mean radicle length control] x 100. †Percentage growth was calculated as 100 - % inhibition. Methotrexate (0.05 mg/ml) was used as positive control; n=20.

****HYP significantly (P<0.0001) inhibited *S. bicolor* seed growth at 24 h, 48h and 72h for all concentrations studied compared with the negative control (distilled water). Mean radicle length (mm) is presented as mean ± standard error of mean.

At 72 h, the mean radicle lengths of the control seeds was 39.2 ± 0.23 mm while the mean radicle length of the seeds treated with 1 mg/ml, 2 mg/ml, 4 mg/ml, 8 mg/ml, 16 mg/ml and 32 mg/ml were 37.43 ± 0.19, 26.33 ± 0.39, 24.55 ± 0.18, 20.45 ± 0.21, 17.85 ± 0.13, 10.08 ± 0.20, corresponding to percentage inhibitions of 4.52 %, 32.83 %, 37.37%, 47.83 %, 54.46 %, 74.29 % respectively and the positive control methotrexate gave 74.29 % growth inhibition at 0.05 mg/ml (Table 1).

This is indicative of the cytotoxicity of *Hyptis pectinata* aerial part hot water infusion which is in agreement with previous studies³⁶. Therefore, the growth inhibitory effect of HYP was concentration-dependent.

CONCLUSION: The hot water extract of *Hyptis pectinata* (HYP) exhibited antioxidant activity and growth inhibitory effects. Hence, by extension it can inhibit cancerous cells. The bioactive chemical constituents of HYP detected by high performance liquid chromatography were caffeic acid, ferulic acid and rutin. This study provided preliminary evidence that supports the ethno medicinal use of *Hyptis pectinata* aerial part as tea in the treatment of malaria and cancer.

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CONFLICT OF INTEREST: We declare that we have no conflict of interest.

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