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AUTHENTICATION OF POLYHERBAL FORMULATIONS USING PCR TECHNIQUE

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ABSTRACT: Unprecedented growth in popularity of complementary medicines raised concerns about their quality and safety. So, there is need to develop methods for their sensitive, specific and accurate analysis. Authenticity and similarity of medicinal nutrients and strict procedures of material handling are significant features to maintain the quality of herbal preparations. Genome based methods to authenticate these plants revolutionized the authentication process. Developing DNA molecular markers by sequencing a standard zone of the DNA is the best technique to identify the adulterants as well as to authenticate the required species of medicinal plants. Application of molecular biological technique serves as one of the very consistent system for authentication of natural herbal materials. The progress of authentic analytical methods is a major challenge to scientists as natural products are optimized as drug like molecules. Current work is based on the use of PCR technique for authentication of Glycyrrhiza glabra L. standard crude root and in polyherbal formulations i.e. Hamdard's Joshanda, Marhaba's Joshanda, GNC Herbal supplement and Joshaba Sadar (Chest Tea) available in market, provided isolated DNA from dried roots of the sample was used as templates in PCR. All the products gave the desired results except one. It proved to be a complementary tool to control quality of herbal materials alone and in different marketable herbal product having *Glycyrrhiza* sp. as their active ingredient.

INTRODUCTION: Commercialization of formulations based on natural herbal materials requires reproducible standards for the effective quality control. So, the standardization and pharmaceutical quality of all the phytopharmaceuticals must be determined. The quality of herbal drugs must be as high as that of other medicinal preparations. In the finished herbal medicinal products quality is difficult to achieve and is more complex than for other pharmaceuticals.

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Increased cases of poisoning are demanding to identify the risks and set standards for the safety of drugs of natural origin. Authentication means to prove that material is true in itself, it involves many parameters like morphology, microscopy, chemical analysis and DNA fingerprinting.

Previously, regulatory principles most of the times emphasized upon just quantifiable analysis of formulations ¹. Currently there is marked increase in natural products investigation that leads to, search for new leads for drug development, biotechnological applications for pharmaceuticals, nutraceuticals, authentication of old-fashioned prescriptions. Many people consider products stamped "natural" are always safe which is not essentially true ². Passionate work of Pharmacognosist played a vital role in introduction of new technologies like microscopy, TLC, GC HPLC, MS, NMR to check the quality of pharmaceutical preparations. Herbal materials cause intrinsic reactions (predictable toxicity or idiosyncratic reaction *i.e.* type A or type B) due to active medicine and extrinsic reactions (contaminants *e.g.* microbes, pesticides or heavy metals) due to inappropriate handling or failure of GMP³.

Previously, the amount of herbal extract in preparation conforms to claim on label but the suppliers these days provide standardized extracts, to achieve target strength. If the selective marker is present in high concentration or a non-standardized pharmacologically active component is present it will not contribute appreciably to the herb activity. The plants are variable raw materials as many factors contribute to this variation ⁴. Such variants contribute considerably in many batches of a product so modify its efficacy. Defining the authenticity and quality of drugs of natural origin remain as much a frontier as it is a vital science in guaranteeing clinical use of herbal drugs ².

It is essential to investigate current market of drugs of natural origin and find reasons for various confusions not solved by conventional methods of authentication. Real and consistent identification of herbal materials can only be attained by exercising advance molecular genetic tools ^{2, 5, 6}. Advance practice of genomic authentication has extended the scope of pharmacognostical science ⁷ to molecular level so it should be added as a parameter to control quality of drugs of natural origin ⁸.

A genetic marker is a measurable character that can detect variation. Molecular markers are based on biochemical macromolecule deoxyribonucleic acid (DNA). These have revolutionized research activities in biological science. DNA based molecular markers act as efficient and versatile tool and complement classical strategies for the genetic analysis. Since, the development of DNA based molecular markers they are constantly modified to increase their use and the automation of the process of genome analysis. The genetic markers present in plants are playing their role in genome based procedures *e.g.* SNP ^{9, 10, 11, 12, 13} and microsatellites (SSR)

The application of sequence independent array technology to determine genomic polymorphism, PCR for the amplification of a minute locus of genomic DNA and RT-PCR to quantify amplified markers is exclusive progress ²⁰. As current DNA based techniques only show the presence of a target DNA, Simply verifying the presence of a species does not give any indication of its quantity in the mixture. It's a limitation of PCR based DNA identification technique.

In this research PCR technique is applied on the species identification of *Glycyrrhiza glabra* targeting one gene loci. One standard sample was obtained from Botanical garden of GC University, Lahore and was compared with licorice, sweet wood present in Pakistan's most famous herbal remedy "Johar Joshanda", Joshaba Sadar (Chest Tea) and capsules of Licorice root used for digestive problems. It is necessary to discern the false herb from the genuine herb in terms of their origins, distribution areas. Only in this way quality can be guaranteed ²¹.

Pakistan is the world's sixth largest country with an area of 796095 Km^2 and population in millions. However, more than 70 millions live in urban areas and around 110 millions in rural areas ²².

Due to this large number of Population in rural areas with low daily income complementary medicine is taken as first line of treatment. As a direct result of this, the Unani and homeopathic system are practiced quite heavily, so there is need to develop a relationship between conventional allopathic physicians and complementary alternative medicine ²³.

Glycyrrhiza glabra Linn. sweet wood commonly known as 'liquorice' is a potent and unique medicinal herb ²⁴, in Pakistan commonly known as "mulethi" *Glycyrrhiza glabra* is a perennial herb. Liquorice root consists of the dried unpeeled or peeled, whole or cut root of *Glycyrrhiza glabra* Linn. and / or *Glycyrrhiza inflata* Bat. and / or *Glycyrrhiza uralensis* Fisch (dried drug)²⁵.

Liquorice presents demulcent and expectorant properties for dissolving and facilitating the discharge of mucus in catarrhs and for upper respiratory tract diseases and is currently employed in cough preparations. Ulcer-healing properties, anti-inflammatory and mild laxative activities have been documented 26 and in the treatment of atopic dermatitis 27 . According to the British Herbal Pharmacopoeia, *Glycyrrhiza glabra* has anti-inflammatory and expectorant activities 28 . The anti-tussive and expectorant properties of the drug have also been attributed to glycyrrhizin, which accelerates tracheal mucus secretion 2 .

MATERIALS AND METHODS: Dried root samples of *Glycyrrhiza glabra* (fresh sample, intact form, powdered form, crushed form, and capsule) for this study were acquired from botanical garden of GC University, local Dawakhana and Pharmacy store or local market of Lahore, Pakistan. In order to shelter the producer's identity sample formulations are named as fresh sample, intact form, powdered form, crushed form, and capsule.

Formulation	Targeted specie	Part Used	Quantity	Dosage Form	Therapeutic Uses
Standard Material / Botanical	Glycyrrhiza glabra	Dried root and	3.00g	Raw form	Anti-tussive,
garden of GC University	Linn. (Mulethi)	rhizome			expectorant
Hamdard's Joshanda	Glycyrrhiza glabra	Dried rhizome	3.00 g	Intact form	Natural cure for cough
	Linn. (Mulethi)				and cold relieve
Marhaba Joshanda	Glycyrrhiza glabra	Dried rhizome	3.00 g	Intact form	Natural cure for cough
	Linn. (Mulethi)				and cold relieve
Joshaba Sadar	Glycyrrhiza glabra	Dried rhizome	1.80 g /	Crushed from	Chest tea
(Chest Tea)	Linn. (Mulethi)		12.00 g		
GNC Herbal Plus Whole Herb	Glycyrrhiza glabra	Licorice root	450 mg /	Powdered	Traditional digestive
	Linn. (Mulethi)	herbal supplement	capsule		herb

Extraction of DNA: CTAB / Chloroform-isoamyl alcohol DNA extraction protocol was used as mentioned by ^{29, 30}. The CTAB buffer was prepared

by mixing CTAB, PVP and β -mercaptoethanol with the ratios as given below.

TABLE 2: COMPOSITION OF DIFFERENT VOLUMES OF CTAB BUFFER

S. no.	СТАВ	PVP-40	β-merc	Tris-Cl	EDTA	NaCl	H ₂ O
1	0.5 ml	0.02 g	2.5 µl	0.5 ml	0.2 5ml	2 ml	1.15 ml
2	5 ml	0.2 g	25 µl	5 ml	2.5 ml	20 ml	11.5 ml
3	20 ml	0.8 g	100 µl	20 ml	10 ml	80 ml	46 ml

CTAB (Cetyl trimethylammonium bromide), PVP (Polyvinylpyrrolidone), β-merc (β-Mercaptoethanol), Tris (tris (hydroxylmethyl) aminomethane) Cl, EDTA (Ethylenediaminetetra acetic acid), NaCl (Sodium chloride)

Applying modified CTAB method, fine powder sample (40-50mg) was mixed in extraction buffer (as mentioned in **Table 2**) and incubated in water bath at 65 °C for 20 minutes. 700 μ l of chloroform-isoamyl alcohol (24:1) was mixed with sample and vortexed well to form an emulsion. Eppendorf tubes containing emulsion were centrifuged at 15000 rpm for 30 min. Pre-chilled (900 μ l)

isopropanol was added to the supernatant and incubated for 1 h at RT followed by centrifugation at 14000 rpm for 30 min so DNA can be precipitated. Treatment with RNase A (10 mg/ml) was done to eliminate RNA from crude DNA. The quality and quantity of DNA can be confirmed by using NanoDropTM by noticing the absorbance ratio at A260/280.

TABLE 3: PRIMER SEQUENCE FOR GLYCYRRHIZA GLABRA

Gene	Forward Primer	Reverse Primer	Product Size (bp)	Annealing Temp (Tm) °C
trnH-trnK1 intergenic	ACGGGAATTG	CATATGACTTCAC	Around ± 220	57.3
spacer region cpDNA	AACCCGCGCA	AATGTAAAATC		
has noirs (hm)				

+base pairs (bp)

PCR reaction mixture containing 10X reaction buffer 1.5 μ l, dNTPs 0.3 μ l, 50 mM MgCl₂ 0.45 μ l, forward primer (ACGGGAATTGAACCCGCG CA) 0.5 μ l, reverse primer (CATATGACTTCACA ATGTAAAATC) 0.5 μ l, Taq Polymerase 0.14 μ l, water and template was used with following PCR cycling parameters: initial denaturation step of 30 seconds at 98 °C; denaturation of 20 seconds at 98°C, annealing for 30 seconds at 57 °C and extension for 30 seconds at 72 °C; and final extension period of 10 min at 72 °C and with 35 times repeated cycles.

The entire process was optimized after several runs of PCR and Gradient PCR for the right Tm of the primer range from 55 °C - 60 °C and that is found to be 57 °C and reactions without template DNA were utilized as controls. Typically, PCR is a process of runs of 35 times repeated cycles involving 2 - 3 different stages of temperature.



FIG. 1: POLYMERASE CHAIN REACTION THERMAL CYCLE STAGES

The PCR products were electrophoresed on 1.8% (w/v) agarose gel, 0.5X TAE buffer and ethidium bromide stain at 80 V for ~30 min 31 .

TABLE 4: VOLTAGE AND TIME FOR THE GELELECTROPHORESIS

Volts	Recommended 7	Recommended Time in minutes		
	Minimum	Maximum		
80	30	45 min		

Electronic system called gel documentation system (Dolphin gel doc system) was used to visualize amplified DNA bands under UV light and the results were recorded in system for further analysis. **RESULTS:** This study determined the presence of *Glycyrrhiza glabra* in herbal drugs by using PCR based molecular technique. Agarose separates DNA molecules of the same size which appear in the form of a clear band and the size can be determined by comparing with a DNA ladder and analyzed using Illuminator with a Gel documentation system and GrabItTM software.

Sample A: Standard Sample of Botanical Garden of GCU: Electrophoresis separated DNA fragments by size and it was found to be around \pm 220 bp and band is shown in Fig. 2 and was compared with other samples.

Sample B: Licorice Root Herbal supplement (GNC): A full band of product size around ± 220 bp on agarose gel electrophoresis was observed under UV light shown in Fig. 3.

Sample C: Marhaba Joshanda (Marhaba Labortaries): Product size of around ± 220 bp against DNA ladder of known fragments when visualized under UV light as shown in Fig. 4.

Sample D: Hamdard's Joshanda (Hamdard Labortaries): Under UV light appearance of band is observed against DNA ladder and product size is measured that is found to be around \pm 220 bp as shown in Fig. 5.



FIG. 4: MARHABA's JOSHANDA



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Sample E: Joshaba Sadar (Chest Tea): The DNA extracted from this sample could not be identified with this primer the sample is labelled as a mixture of plant materials.

There are various reasons for this, the amplified DNA might have come either from another specie or it might have been degraded (due to DNA shearing), and more than one herb increases the complexity and difficulty in analysis.

Chemical analysis of such a mixed preparation containing many compounds from different species produces a highly complex profile. However, other methods *e.g.* the multiplex Plant ID system could potentially identify all different species present in the preparation and also test for species that are known to be used as adulterants and sequencing can be used to identify DNA of concerned species from highly degraded DNA.

Samples	Manufacturers	Label Claim	Product	Concentration ng/µl
		(Glycyrrhiza glabra)	Description	
А	Botanical Garden of	N/A	Crude state	58.6
Standard crude	GCU Lahore			
sample				
В	GNC Herbal Plus	450 mg whole herb	Filled capsules with	119.9
Licorice root Herbal	whole herb	per capsule	dried ground material	
supplement				
С	Marhaba Laboratories	5 gm of pure herb per	Washed in crude form	67.6
Marhaba Joshanda	Pvt. Ltd.,	packet		
D	Hamdard Labortaries	5 gm of standardized	Washed in crude state	107.5
Hamdard's Joshanda	(Pvt.) Ltd.,	herb		
E	Hamdard laboratories	1.8 gm / 12gm ground	Ground mixed materials	100 Highly degraded
Joshaba Sadar Chest	Pvt. Ltd.,	state mixed with other	of all the herbs present	and fragmented
Tea		herbs	in formulation	DNA was detected

TADIE 5. DNA 6	NIA NTIFICA TION OF CI VCVDDIII7A CI ADDA DV SDFCTDODIIOTOMETED
	JUANTIFICATION OF GLICIKKΠΙΖΑ GLADKA DY SPECTKOPΠΟΙΟΝΕΤΕΚ

DISCUSSION: With the population growth in the developing world and increasing interest in the industrialized nations has greatly expanded the demand for medicinal plants themselves and the products derived from them. Even the growth of the pharmaceutical industry and the unceasing development of new and more effective synthetic and biological medicinal products have not diminished the importance of medicinal plants in many societies. Herbs are no doubt precious natural source and economic crops due to their role in health care *i.e.* traditional and modern medicine.

In Pakistan the total turnover of crude drugs is worth around in millions although its cultivation is intermittent and grown as minor crops. Pakistan does not meet its total requirements and has to import major part of herbal materials from Nepal, Sri Lanka, India, China, Kenya and Uganda. Pakistan annually spends millions on the import of raw herbal materials and medicinal/pharmaceutical products. So, it is required by higher authorities to monitor that how much plant material is collected / cultivated and actual quantity reaches to the market after passing through the process of refinements. The herbs are sold either dried or fresh to the local traders who sell them to wholesalers and ultimately to Pharmaceutical concerns or exporters. Pakistan's major exporters of medicinal herbs and herbal medicines are Hamdard Laboratories (Pvt.) Ltd.; Herbasian (Pvt.) Ltd.; Hashmi Surma; Qarshi Industries (Pvt.) Ltd.; Tayyebi Dawakana; Marhaba and Medics Laboratories out of them Hamdard Laboratories is one of the leading stake holders.

Efforts should be made to explore the herbal product development. As safety is imperative, though herbal product's use has been embraced as complementary and alternative medicines but safety is conceded due to lack of suitable quality procedures, inappropriate labeling, adulteration, substitution and lack of patient data which has resulted in decline of faith in crude drug promotion ⁴⁴. Safety of natural origin medicines has become a major concern to both national health authorities and the general public ³². Therefore, regulatory policies on herbal medicines need to be standardized and strengthened on a global scale and with this adequate training regarding use of herbal products with prescription or non-prescription medicine to conform to standards of safety, quality, and efficacy are to be considered for public health.

Regulations and WHO support is helping in the preparation of model guidelines in this field and the herbal medicines and phytonutrients or Nutraceuticals continues to grow worldwide.

DNA based molecular markers however are important tool in quality assurance of medicinal plant species in the plant kingdom. This serves as qualitative / quantitative diagnostic tool for identification of medicinal herbs from harvest to finished product. Recent era is the use of molecular biological techniques that helps in identification of species ³³. Although, species specific constituents are helpful in the identification of species e.g., three kinds glycoumarin, glabridin and licochalcone A (G. uralensis, G. glabra, G. inflata) but with the help of this technology we can distinguish their kinds. In this study species identification of Licorice was done present in polyherbal formulation, because when licorice is used for medicinal purposes, the licorice species should be selected with recognition of even its constituent properties e.g. G. uralensis mostly used as tonic, an antipyretic, treat acne, pimples, antidot while G. glabra to cure influenza, uterine complaints etc. ³⁴ and it provides vital and absolute mean of authentication.

These days herbal medicines are present in all forms *i.e.* simple as well as in highly processed form mostly marketed as supplements for health augmentation but there are still concerns to be raised about the authenticity and efficacy of herbal medicines. Different techniques of molecular biotechnology can be utilized for the identification / authentication of herbal materials, in well-refined dosage forms such as tablets, capsules, troches, injections and oral liquids. Usually PCR based method is applied to audit highly processed medicines and also assist in monitoring their quality and legality. A lot of work has been completed by researchers on Chinese highly processed patent drugs consisting of different kinds of plants or animals ³⁵. In this research *Glycyrrhiza* glabra Linn. is chosen to test the reliability of the quality control using PCR technique which is a widely growing herb in Pakistan due to its high medicinal value such as antioxidant, antibacterial, digestive, anti-tussive, cough and cold treatment, anti inflammatory activities due to various constituents e.g. flavonoids, coumarins, chalcons,

glycyrrhetinic acid. Even synthetic antibiotic cannot withstand heat treatment at 100 °C but *Glycyrrhiza glabra* after boiling at 100 °C shows antibiotic activity against *Staphylococus aureus*. Its roots, rhizomes and whole herb are used in different herbal medicines. There are different dosage forms available in market containing *Glycyrrhiza glabra e.g.* capsules (root powder by GNC Herbal plus), sachet (entire roots by Hamdard's Joshanda and Marhaba's Joshanda) and cough syrups *e.g.* Inflo syrup, Myocid syrup, Ivy syrup (Herbasian Laboratories Pakistan Pvt. Ltd.,).

G. glabra have different varieties depending on the habitat *i.e. G. glabra* var. typica (Spanish liquorice) having purplish blue colored papilionaceous flowers and large number of stolons, G. glabra var. glandulifera (Russian liquorice) which is a big root stock along with a number of elongated roots without stolons. G. glabra var. violacea (Persian liquorice) has violet flowers, various hybrids and a major adulterant Abrus precatorious. The sweetish and mucilaginous roots of Abrus precatorious are similar in morphology with roots of G. glabra. On the basis of morphology and histology it is very difficult to distinguish them. Herb authentication has presented a great challenge for people using them for medical purposes. Wrong herb usage can worsen the condition and even cause $^{36, 37}$. So, intentional and unintentional adulteration is need to be avoided.

The objective of this research was to authenticate the presence of *Glycyrrhiza glabra* in different formulations available in market *i.e.* capsules (GNC Herbal Plus), sachet (Marhaba Joshanda, Hamdard's Joshanda) and (Joshaba Sadar Chest-Tea) and Crude *G. glabra* (as standard by Herbasian Laboratories Pvt. Ltd., Each capsule of Licorice root herbal supplement by GNC Herbal Plus contains 450 mg root powder per capsule Marhaba's Johar Joshanda contains 5 gm of root per packet, Hamdard's Johar Joshanda contains 5g of root herb per sachet and Joshaba Sadar Chest-Tea (OTC) contains 1.8g / 12g of *Glycyrrhiza glabra*.

With the help of PCR, it becomes possible to detect DNA of specific herb in processed drugs which has undergone industrial extraction, filtration and sterilization. There is no doubt about the

discriminatory power of DNA among different species 38 . To carry out this work G. glabra pure sample was authenticated from botany department GC University to compare with the commercial samples. DNA extraction protocol depends on the types of tissues e.g., roots, seeds, leaves etc. and concentration of DNA required. Using modified CTAB method by Salim et al. (2007) resulted in degraded genomic moderately DNA in concentrations detectable by agarose gel electrophoresis but was without purification and viscous which can't be amplified by PCR. There is a possibility the presence of pigments prohibit amplification by PCR. Later in order to obtain the DNA of high quality and purity independent of secondary metabolites was extracted using Cullings (1992), ^{29, 30} methods and resulted in successful PCR amplification using specific primers.

This work helped to attain a protocol for detecting all commercial licorice root / rhizome samples to species. Herbal samples used in this analysis were containing licorice root whole (Hamdard Joshanda, Marhaba Joshanda), chopped-up / comminuted (Joshaba Sadar, Chest tea) or powdered form (Herbal supplement by GNC Herbal Plus). Polymerized agarose acts as a sieve and separates the DNA by size. Around \pm 220 bp size was determined with specific primer trnH-trnK1 in crude sample by crude authenticated standard sample of GCU, Marhaba Joshanda, Hamdard Joshanda and Herbal supplement by GNC Herbal Plus confirmed the presence of Glycyrrhiza glabra in the marketed formulations. Amusingly, among five investigated samples, Joshaba Sadar (Chest Tea) was found to contradict the specie labeled by the manufacturer, signs of admixture were located. This is the basis of failure in crude drug marketing that result in altered efficacy⁴⁴.

This technique proved to have specifically authenticated medicinal herb and have extensive applications in quality control of raw materials. The PCR based method can be carried out in any laboratory using unknown genomic DNA from any developmental stage and any part of herb ³⁹. It was found that repeated thaw cycles didn't affect the quality of DNA. These results obtained are highly reproducible and DNA extracted was also very stable even after keeping DNA at room temperature for one week produced the desired results ^{19, 40}.

Genome sizes in plants are remarkably diverse, with 2350 fold range from 63-149,000 Mb. Each plant species posses a characteristic number of base pairs in its nuclei known as it's genome size / nuclear DNA content which is constant within a species. Bennetlt & Leithch (2011) states the average genome size of angiosperm 5800 Mb. The advantage of this approach is it's rapidity, simplicity, reproducibility, discriminatory power and user friendliness. Major drawbacks of this approach are risk of contamination, the requirement of sequence information for the design of primers and it does not provide information about the presence of specie which is not the target of primer.

An additional disadvantage is the need of performing electrophoresis confirm to amplification success of target sequences. However, by using Nested PCR the specificity and sensitivity of PCR can be enhanced. Real-time PCR is also known as quantitative PCR that has the capability to quantify the starting amount of specific DNA sequence in the sample utilizing flourcent technology. Benefiting from PCR technique DNA markers have become a powerful tool for authentication of plant, animal, fungal and botanical sp. ⁴¹. Contrary to chemical fingerprinting which are strongly influenced by the age of sample, physiological conditions environmental factors and can be recovered from any state (fresh, dried, processed) besides marker molecule is not tissue specific.

There is need to increase consumer confidence in herbal medicine. Along with traditional this new innovative automated assays and specific tools DNA analysis are emerging and contribute to the generation of technologies *e.g.* next minisequencing, nano-scale DNA sequence, Next Generation sequencing NGS⁴². Further, extremely promising development is nanopore technology for identification of DNA bases and APEX (enzymatic genotyping to analyse variations of genome in single multiplexed reaction), OLA to detect highly polymorphic gene. These will provide complete genome analysis, high multiplexing capacity and future taxon identification. Recently, massive parallel sequencing technology produces millions of DNA sequence reads *i.e.* Giga base pairs in single run. These revolutionized research in medicine. However, there is no perfect DNA-

typing method and the choice of a particular technique is often a compromise that depends on a number of factors, including: resources of the laboratory, financial constraints, available expertise, time limitations and more importantly, the research question pursued. All factors should be scrutinized to avoid an inappropriate choice.

CONCLUSION: Molecular techniques can be utilized to maintain the quality of herbal materials to ensure safety and efficacy. The developed method is one of the effort to give the guidelines for the identification and authentication of *Glycyrrhiza glabra* as raw material and as ingredient in different dosage forms.

FUTURE PROSPECTIVE: By using PCR technique we can develop the methods for the authentication of other herbal materials.

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